

One Day at a Time. Easy Does It.
Keep It Simple.

Overeaters Anonymous Sponsored by
Buffalo Grove Sunday Morning Meeting

Together We Can Do What We
Could Never Do Alone.



“THERE IS A SOLUTION”

THE BIG BOOK FOR US. May 2, 3, 4 - 2014

The leader is from Dover, Massachusetts and is abstinent for 16 years and lost 160 pounds.

BRING YOUR BIG BOOK!

WHERE: Techny Towers Retreat Center
2001 Waukegan Road
Techny, IL
847/272-1100

Registration will begin at 7PM on Friday, May 2.

Retreat will start promptly at 8PM Friday. Meals will be served at:
8AM for breakfast, 12 NOON for lunch and 6PM for dinner in the lower level

In main building there are single, double and triple rooms. Occupancy is limited so first come, first served. Any questions, call Leslie F (847)587-1535 or Beth (847)903-6640 or text only to Kathy K (773)502-1458.

Package: Entire Seminar + 2 overnights + 5 meals:

Single Room in Main Building \$207 per person • Double Room in Main Building \$173 per person
Triple room in Main Building \$163 per person • Price includes 5 healthy meals,
starting with breakfast on Saturday morning.

Commuter Rates:

\$27 Friday Night \$62 Saturday All Day \$27 Sunday AM
Add any meals you wish: Sat or Sun Breakfast @ \$12.50 / Sat or Sun Lunch \$14.50 Sat Dinner \$18.50
And add \$3 facility charge for each meal you bring and consume on the premises

Check made out & send to Kathy Kuzyk
9098 W. Terrace Dr. Apt 2G, Niles, IL 60714-5842

Clip and send registration slip with your check:



Package: Entire Seminar + 2 overnights + 5 meals:

Name _____

Address, City & State _____

Phone # for home & cell _____

Roommate _____

Email _____



Package: Commuter

Name _____

Address, City & State _____

Phone # for home & cell _____

Email _____

Breakfast \$12.50 Lunch \$14.50 Dinner \$18.50

Friday _____ Saturday _____ Meals _____ How Many _____

Sunday _____ Meals _____ How Many _____

Techny Towers Conference & Retreat Center Directions

Techny is actually within the boundaries of Northbrook, 12 miles from O’Hare Airport, 33 miles from Midway Airport, and 20 miles from downtown Chicago. Techny Towers is on Waukegan Road (Route 43) one mile north of Willow Road.

From the North: Via Tri-State Tollway 294/Interstate 94 East: Stay on 94 East/Edens Expressway to Chicago. Exit at Waukegan Road (Route 43). Continue two miles South on Waukegan Road to Techny Towers.

From the South: Via Interstate 94 West/Edens Expressway: Exit at Willow Road West. Take Willow Road two miles to Waukegan Road (Route 43). Turn right (north) on Waukegan Road to Techny Towers.

Via Interstate 294/Tri-State Tollway: Exit at Willow Road East. Take Willow Road for three miles to Waukegan Road. Turn left (north) on Waukegan Road to Techny Towers.



Techny Towers has more than 250 parking spaces.
 No campers or trailers permitted.
 Handicap access ramp into main building.
 Elevators to all floors.