**Overeaters Anonymous**

**Back to Basics**

**Sponsored by the**

**Saturday Morning River Forest** **Meeting**

**Here are the steps we took . . .**

The simple AA beginners’ meeting format started by AA co-founder Dr. Bob Smith in the 1930’s, and responsible for saving the lives of thousands of alcoholics, now comes to those who suffer the pain of addiction to food.

**Date:   Saturdays in July 2017**

**Time: 10:30am to noon**

**Schedule: July 8: Steps 1, 2 and 3**

**July 15: Steps 4 and 5**

**July 22: Steps 6, 7, 8 and 9**

**July 29: Steps 10, 11 and 12**

**Place: Grace Lutheran Church**

**7300 Division Street, River Forest, IL 60305**

1 block West of Harlem at Division and Bonnie Brae.  Use Bonnie Brae entrance and walk straight back to stairs. School library is at the top of the stairs. Free parking at the Concordia Campus lot just south of the church.

***From the east or west:*** Exit I- 290 at Harlem. Go north to Division. Then left one block to Bonnie Brae, and left on Bonnie Brae. Street parking or use the adjacent parking garage.

**DON’T FORGET:** Bring an AA Big Book, writing materials

and the willingness to study all the steps in one month.

**Questions? Contact:**

**Sara S. (708) 204 - 8893**

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