

Other Interesting Information Links

New! Calendar of Secular/Atheist/Agnostic Overeaters Anonymous Meetings in Your Local Time Zone

https://www.secularoa.org/meetings?fbclid=IwAR0BRRDbDGWH0-cDIInySFUeJutY0f5U_Gn3dqw4tyFeqs4ge03Zt3FS6xJQ

Young Peoples Meetings

<https://docs.google.com/spreadsheets/d/11K5-7Zzviq3GnxFCy97ITAkpd0XZLpZUrzFInPF5Zs/edit?userstoinvite=yvpvia@gmail.com&actionButton=1#gid=0>

LA Intergroup Podcasts:

<https://www.oalaig.org/laig-virtual-speakers-bureau/#>

NY Intergroup Podcasts:

(OA Podcasts, "The recordings found via these links are made available by individual meetings and not vetted by NY Metro IG. If you hear a break in tradition on one of these podcasts, please feel free to contact the posting meeting about the issue."

<http://oanyc.org/oapodcasts/>

<http://www.park11oapodcast.org/>

Late Night Meetings:

<https://oaciig.wordpress.com/phone-marathon-meetings/>

Harlan G Big Book Study Week 1

(you can subscribe to the rest from there)

<https://www.youtube.com/watch?v=Tik0IslInqY>

12 Step Within Phone Line For HOPE & SUPPORT, Call or Text The 12 Step Within Committee for Help in coming out or relapse and support in preventing one!

We are here for you! (929) 376-2662. 24/7 anytime from anywhere!

There is also an **AA Big Book study group** called **OA Big Book Solutions Group (OABBSG)** that does a line-by-line Big Book study via conference calls and some Zoom meetings. You can get info at

<https://www.oabigbooksolutiongroup.org>

OA Slogan List

<https://www.oasv.org/member-support/oa-slogans>

<https://www.oadenver.org/what-have-you-heard-in-a-meeting/>

Temporary Sponsors

OA needs more sponsors. There is a temp sponsor format to help newcomers get started. Please consider being a temp sponsor.

<https://oa.org/group-resources-list/temporary-sponsors-newcomers-first-twelve-days/>

Body Image Meeting Spreadsheet:

https://docs.google.com/spreadsheets/d/1U2jfo03K3LnNWjOh-IY8fiBO_aDqFn8PdKrt1INaQ4/edit?usp=sharing

[Feel free to send me any other body image meetings. kristineschomaker@gmail.com](mailto:kristineschomaker@gmail.com)

Here are the AB focused meetings

<https://docs.google.com/spreadsheets/d/e/2PACX-1vTBXgOS->

[1m1Dyo0ZH6DFcTb8dj2K_Gd7PXaxZfahhnn0N8uuRvdw63pWw23pMW5nPbqp8mZD6h6VG2/pubhtml](https://docs.google.com/spreadsheets/d/e/2PACX-1vTBXgOS-1m1Dyo0ZH6DFcTb8dj2K_Gd7PXaxZfahhnn0N8uuRvdw63pWw23pMW5nPbqp8mZD6h6VG2/pubhtml)

Virtual Region: List of Virtual Intergroups

#09658 – Perseverancia Virtual IG

#09659 – 12 Steps 4 COE's Virtual IG

[#09660 – OA HOW Two Hour Format Phone Meeting Virtual IG](#)

[#09661 – The Virtual IG of Overeaters Anonymous](#)

#09662 – Ebony Overeaters Anonymous Virtual IG

#09663 – Spiritual Fitness and Serenity Virtual IG

[#09664 – CCA Online Virtual IG](#)

[#09665 – Despertar Abstinente Virtual IG](#)

[#09666 – Virtual IG Café Abstinente](#)

#09668 – R9 WhatsApp Group Conscience Committee (GCC) Virtual IG

#09669 – 90 Day Phone Meeting Virtual IG

[#09670 – OA Foot Steps Virtual IG](#)

#09672 – Men's Virtual IG of Overeaters Anonymous

#09674 – BIPOC Virtual IG

[#09676 – OA Virtual IG UK Europe and Beyond of OA \(OAUKEB\)](#)

#09677 – Young Person's VIG of Overeaters Anonymous

[#09678 – A Design For Living Virtual IG](#)

#09679 – Intergroupo Virtual Serenidade Online Virtual IG

#09681 – Better Together Virtual IG (BTVIG)

#09682 – Greek Virtual IG “Connection” (GRVIGC)