

Lifeline **2014** Weekly

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COMING UP in the
January Lifeline,
tuning up recovery
with the action plan Tool.

What Money Can't Buy

Since I started OA sixteen months ago, I've lost five dress sizes; but I also lost abstinence several times. Consequently, I recently reviewed everything I've ever read in OA and thereby gained a deeper understanding of our program.

I always believed in a Higher Power, but I turned to it only for money and other selfish desires. I had a severe case of "the gimmies." I never thought to pray for strength, willingness, courage, love, guidance, or serenity.

OA provided me with a means by which I could change, not only overcoming the compulsion to overeat but, more important, experiencing a change in attitudes and surrender to another kind of life. I cannot say I've found God as I understood God to be, but rather I've found faith in something which remains a mystery to me. It is so overpowering, this serenity. I often wonder, "What have I gotten myself into, with this OA fellowship?"

Like most people, I am not always willing to surrender every thought and deed. I allow the cares and worries of the day to distort my thinking. But as soon as I get back on track (the Twelve Steps), I

have everything I need. I have what money can't buy!

One might ask why it's so important for a 67 year-old woman to follow the OA philosophy of life. It isn't easy, as each of us knows. As a retired person, I could just sit back and coast.

But I don't want to do that. I want to keep on growing in my mind and in my heart. I'm still interested in myself, and I still want to live the best life I can.

And I surely don't want to die alone in bed with a cookie!

— Lifeline, *December 1985*

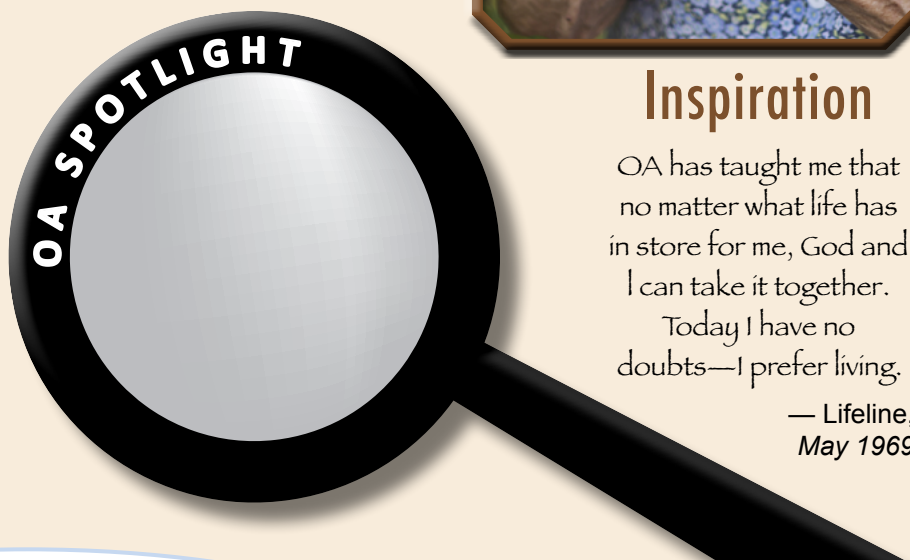


Inspiration

OA has taught me that no matter what life has in store for me, God and I can take it together.

Today I have no doubts—I prefer living.

— Lifeline,
May 1969



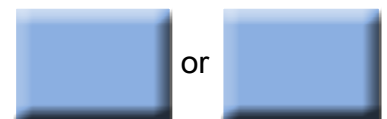
A Call To Service

P.W. from Philadelphia, Pennsylvania USA, says, "I give service, and I am stronger for it. Little by little, giving service pulls me more deeply into the program. My feelings for the OA program become stronger, more involved, and more deeply felt."

How will you serve this week?

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