

## **CHI-WIF Representative Information:**

- What is Intergroup - [What is an intergroup? - Overeaters Anonymous \(oa.org\)](#)
- By-Laws of the Chicago Western Intergroup Far-out (CHI-WIF) – Link to Butterflyer 08/20/2012 - [Chi-Wif Bylaws revised 8-20-12 \(chiwifoa.org\)](#)
- Standing Rules for CHI-WIF Intergroup – Link to Butterflyer - [Standing-Rules-for-Chi-Wif-IG-August-2021.pdf \(chiwifoa.org\)](#)
- Spiritual Principles - [The Spiritual Principles of the OA Program](#)
- Guidelines for Membership Retention - [Membership Retention - Overeaters Anonymous \(oa.org\)](#)
- Guidelines for OA Events - [Guidelines for OA Events](#)
- Guidelines for a Group Conscience Meeting - [Guidelines for a Group Conscience Meeting \(oa.org\)](#)
- Fundraising and Prudent Reserve Guidelines for Groups and Service Bodies - [Fundraising and Prudent Reserve Guidelines for Groups and Service Bodies \(oa.org\)](#)
- OA-Approved Literature - [OA-Approved Literature List](#)
- Link to OA for Overeaters Anonymous Information - [Home - Overeaters Anonymous \(oa.org\)](#)
- Link to Region 5 of OA for more regional information - [REGION 5 OF OVEREATERS ANONYMOUS \(region5oa.org\)](#)
- CHI-WIF Guidelines For Speakers At CHI-WIF Sponsored Special Events –
  1. Abstinence requirement of at least 1 year.
  2. Open by qualifying (tell your story) for 5 minutes.
  3. Speaker acknowledges they are speaking for themselves and not OA as a whole.
  4. In order to maintain the spirit of Tradition 10:
    - a. While it is okay to identify the Higher Power of your understanding, avoid expounding on specific religious practices
    - b. Limit the mention of specific foods.
    - c. Do not endorse or distribute and specific food plans, non-OA literature or tapes.
  5. In accordance with Tradition 12, we focus on principles before personalities.
  6. Although many of our members may be professionals, i.e., therapists, nutritionists, eating disorder specialists, when at OA meetings they are simply OA members with no greater authority than any other member of the group and they are free to focus on their own recovery.
  7. In accordance with Tradition 8, members who lead OA sponsored retreats or specific events may be reimbursed for travel and lodging expenses but are not paid for their leadership even if they are professionals who command a fee in non-OA meetings.