

The Butterflyer

The September 2017 Newsletter of **Overeaters Anonymous** for Chicago Western Intergroup Far-Out CHI-WIF. <http://www.chiwifo.org> This literature has been locally produced by CHI-WIF IG. The content reflects the experience, strength and hope of our local members. It is not OA Conference- or board-approved and does not represent OA as a whole.

PROGRAM BASICS

The Twelve Traditions

In order for Overeaters Anonymous to run smoothly and effectively, there are guidelines for the organization and its members. These Twelve Traditions are essentially the bylaws for meetings and members: explaining how the meetings can help those people with eating dis-orders and behaviors that are acceptable (and not acceptable) for OA members. The Traditions are listed here and then an explanation taken from an out-of-print OA booklet called *The Twelve Steps and Twelve Traditions.....A Kid's View*, #749 printed in 1992.

1. Our common welfare should come first: personal recovery depends upon OA unity. To be happier, we need to work together in OA.
2. For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern. In our group, God is in charge & helps us help each other: There is no boss.
3. The only requirement for OA membership is a desire to stop eating compulsively. To be an OA member, all you have to do is want to stop hurting yourself with food.
4. Each group should be autonomous except in matters affecting other groups or OA as a whole. Every OA group makes its own decisions, but our decisions must not hurt other OA groups.
5. Each group has but one primary purpose – to carry its message to the compulsive overeater who still suffers. Our main reason for being a group is to tell others how OA has helped us.
6. An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose. We never let the OA be used with anything that is not a part of OA.
7. Every OA group ought to be fully self-supporting, declining outside contributions. OA groups don't take money from someone not in OA. We support ourselves by taking a collection at the meeting.
8. OA should remain forever nonprofessional, but our service centers may employ special workers. Ordinary people run OA, but we can hire special workers to help us.

(Continued -)

UPCOMING TOPICS

October—Program Basics
TOOLS OF RECOVERY

November—Program Basics
WHAT IF I DON'T BELIEVE IN GOD

Editorial Statement

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CHI-WIF Officers

Chair - Dave C 630-778-0226
Vice Chair - Vacant
Secretary - Vacant
Treasurer - Laura W 708-284-6247
Editor - Gerri M 630-833-6942
Does your meeting have an IG rep?

Come and join us!

Upcoming IG Meeting

September 16, 2017

10-11:30AM

Advocate Good Samaritan Hospital
Downers Grove, IL 60515

CAFETERIA OAK ROOMS

Helping Others By NJ

An OA buddy recently reminded me of my visit to Dr. Bob's home in 2013, bringing back a DVD and handouts to share with our home group. Trust God, clean house, and help others was a prescription of Dr. Bob that summarizes the Alcoholics Anonymous program. Nearing the end of his life, he told an assembly not to complicate the program, but to "Keep It Simple."

We have specific instructions in Chapter 12 of the Big Book, "Working With Others." It has been several decades since my first Step 12 call, but I remember reading this chapter again and again before speaking with my uncle. Here are some pointers important to me.

Helping others is the foundation of my recovery, my insurance against relapse. I was told by my first sponsor that I should be eating 3 times a day, so make 3 phone calls every day. I remember making 6 calls one day, but the only program contact had been a 6 A.M. call from a sponsee. Maybe one of the messages left did help someone, but my action of humility to reach out did support my recovery.

(Continued -)

HANDY LINKS - THE TRADITIONS



OA has just started to upload a series of videos on the Twelve Traditions. There are five of them uploaded as of today.

Please be sure to listen to them so World Service knows we are utilizing the tools they are giving us.

Here is a direct [link](https://vimeo.com/226014346) to the Overview video.
<https://vimeo.com/226014346>

For all the videos, go to the OA.org website and search for podcasts. Scroll down until you find the Traditions videos. [Click Here](https://oa.org/podcasts/) or go to <https://oa.org/podcasts/>

IMPORTANT CONTACT INFO:

OA World Service Office (505) 891-2664

Region 5 Website www.region5oa.org
OA Website www.oa.org
Chi-Wif Website www.chiwifoa.org

Addresses

CHI-WIF—PO Box 4419, Lisle, IL 60532
REGION 5—PO Box 1087 Lombard, IL 60148-2375



Twelfth-Step-Within - ASSEMBLING TWELFTH STEP WITHIN PACKS



Assemble Twelfth Step Within packs to give to struggling members. Include the packs on your literature table or hand them out at a Twelfth Step Within event. These packs could include:

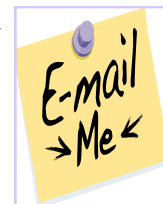
- Current list of local OA meetings with contact names and telephone numbers
- List of names and phone numbers of those willing to sponsor
- List of names and phone numbers of members with experience in recovery from relapse
- Name and phone number of the nearest Twelfth Step Within Committee Chair (Check with your intergroup/service board, or region).
- Copy of Lifeline magazine
- Current issue of your intergroup/service board, and/or region newsletter (i.e., Butterflyer)
- Copy of A Step Ahead newsletter, available as a download at oa.org/documents; "A Step Ahead Newsletter"
- Flyers for upcoming OA events
- Wallet cards, bookmarks, or other items with 12 Step slogans
- List of books and pamphlets focused on recovery from relapse including :

Members in Relapse; A new Beginning: Stories of Recovery from Relapse; and Welcome Back We Care! Packet

**KEEP COMING BACK, IT WORKS WHEN YOU WORK IT
AND YOU'RE WORTH IT**

If you are interested in using the tools of writing and service by contributing an article on the monthly topic, an anecdote, a poem or just simply how program has helped & is helping to improve your quality of life, please email me at: MSBUTTERFLYER@YAHOO.COM
or send by regular mail to: CHI-WIF IG PO Box 4419
Articles should be received by the third week of the month.
Gerri M, Editor

The *Butterflyer* is only available via email. If you are interested in receiving this free monthly newsletter electronically or if you did not receive your electronic subscription please send an email with the word "SUBSCRIBE" in the subject box to:
MSBUTTERFLYER@YAHOO.COM



PROGRAM BASICS—THE TWELVE STEPS (CONTINUED)

9. OA, as such, ought never be organized; but we can create service boards or committees directly responsible to those they serve. In OA we do not have lots of rules. We can work together to help each other.

10. OA has no opinion on outside issues; hence the OA name out never by drawn into public controversy. Our group takes no side on anything outside OA.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication. When people see how much better our lives get, they will come to our group. We don't have to push them or brag.

12. Anonymity is the spiritual foundation of all these traditions, ever reminding us to place principles before personalities. We can talk about our feelings and ideas, but not about other people.

These Twelve Traditions relate directly to OA meetings and OA members. However, the application of these guidelines is very relevant to any organization or group, such as a benevolent society, family or co-workers. Many of us find that using The Twelve Traditions to determine our behavior or our groups' behavior helps us mind our own business and avoid many unnecessary disagreements.

HELPING OTHERS By NJ (CONTINUED)

I still find it amazing that food behavior of the yesterdays, bringing so much pain and shame, is helpful to others and even humorous. Because I have walked the path of addiction, I can help when no one else can. I must not leave out the details, but tell the struggling person exactly what happened to me - my personal experience.

One-on-one is best, if that is possible. Without family, there is freedom to share the deepest secrets as we exchange stories. The disease concept was important to me, illness of body and obsession of mind, while healing came through a spiritual remedy. There will be many concerns of the individual because addictive behaviors have consequences, but I can state emphatically that recovery is not dependent on any job, person, or relationship. God assures me that if I stay close to Him and do my best to follow the directions of the Twelve Steps, I can live free of mind chatter and compulsive food behaviors.

I often volunteer for Newcomer role. Besides supporting my recovery, it is fun meeting new people and seeing the hope on their faces. I felt like a failure when arriving at my first meeting, but the welcome, stories, sharing, and handouts all gave me hope. I want to return that hope and share the joy of recovery.

ASK MS BUTTERFLYER

Question: A visitor came to our meeting. Our meeting is listed on the OA.org website as closed. We took a group conscience and since it was not unanimous, the visitor was turned away. It was a small group and the majority of the members left and have since gone to other meetings leaving only the dissenters behind and feeling guilty. How should this have been handled?

Answer: This, I am sure, was a troubling event for all concerned. Here are some suggestions for the future:



1. **In advance**, take a group conscience and determine how visitors will be addressed.
2. If you will take a vote each time, then determine if it must be a unanimous or a majority vote.
3. Look at how your group is listed on OA.org. If it is listed as Open, then you are an Open meeting and should not turn visitors away. Change your listing if it is wrong.
4. If yours is a Closed meeting, then you can refer the visitor to the OA.org website to find one listed as open.
5. Some meetings are Closed but offer an open meeting at specific times. Invite the visitor to return during one of your open meetings.

Submit your questions to MSButterflyer@yahoo.com

OA COMPUTER LINKS



VISIT THE CHIWIF WEBSITE <http://www.chiwifo.org/>

[Click Here](#)



Chicago Western Intergroup Far-Out
CHI-WIF

PROFESSIONAL COMMUNITY COURIER

[Click Here](#)

<https://https://oa.org/newcomers/for-the-professional/>

PROFESSIONAL COMMUNITY
COURIER

REGION 5 WEBSITE (New and Improved) <http://region5oa.org>

[Click Here](#)



REGION 5 OF OVEREATERS ANONYMOUS

FREEDOM FROM BONDAGE—Region 5 April, 2017

[Click Here](#)

FREEDOM FROM BONDAGE

OVEREATERS ANONYMOUS REGION 5



http://www.region5oa.org/wp-content/uploads/2017/04/FreedomFromBondage2017.04_Printable-1.pdf

A STEP AHEAD NEWSLETTER—3rd Quarter 2017 <https://oa.org/fourth-quarter-step-ahead-now-online/>

[Click Here](#)

A Step Ahead

BUTTERFLYER—Past Issues <http://www.chiwifo.org/butterflyer-newsletter/>

[Click Here](#)

The Butterfly

VISIT THE NEWLY RE-DESIGNED OA WEBSITE <https://oa.org/>

[Click Here](#)



OA Virtual News— 3rd Quarter Newsletter

[Click Here](#)



Virtual Services Committee

OA VIRTUAL NEWS

<http://www.oavirtualservices.org/>

MEETINGS—Location, Days, & Times (To find all meetings in our Intergroup, use 09168 for the Intergroup number for CHIWIF) <https://oa.org/find-a-meeting/>

[Click Here](#)

ANNOUNCEMENTS

OPEN/CLOSED MEETING DESIGNATIONS—Please review the Butterflyer meeting list and make sure the open/closed designations are up to date. We have added the Open/Closed designation based on the oa.org website.

Let us know at both the MSButterflyer@Yahoo.com and OA World service. [Click Here](#) or go to <https://oa.org/groupsservice-bodies/meeting-changes/edit-a-meeting/>

2017 REGION 5 CONVENTION REGISTRATION OPEN



Conventions are open to anyone. There is no requirement of abstinence. They are designed to immerse you in OA recovery, see old friends, make new ones, and have fun. Consider taking the bus to enjoy yourself even more. Scholarships for registration are available.

[Click Here](#) to register on-line

<http://www.region5oa.org/events/2017-region-5-convention/>

[Click Here](#) for bus information

<http://www.region5oa.org/wp-content/uploads/2017/03/2017BusFlyer.pdf>



CONVENTION BUS PLAN

Our first stop is planned for around 8 am Central Time at Watertown Plank Rd Park n Ride, N Swan Blvd, Wauwatosa, WI, N of I-94 and W of 45. Our second stop will be at Petro Racine/Iron Skillet, 717 S Sylvania Ave, Sturtevant, WI, (I-94 and 20). From there, we will take I-94 into Illinois, pick up I-294, then return to I-94 until we pick up I-65 in Indiana to head toward Indianapolis. We plan to drive around Indianapolis on I-465 and take I-74 from there. I expect we will make a stop on the north side of Chicago, as well as one on the south side. We can also plan stops in Indiana along the way.

We will be making a lunch stop on the way. You may bring your lunch or purchase it.

I'm hoping to be to the convention hotel around 5 pm Eastern Time (4 pm Central Time), so we can get settled, have supper, and go to the Grand Opening Keynote Speaker.

Please encourage our fellows from near the route to take the bus and to get their reservations in soon. The sooner we receive enough reservations to pay for the bus, the sooner we know the bus will be going and can plan the rest of the stops! Thank you for spreading the word!

Packet C, which only contains the minutes of our first Summer Conference Call, has been posted. Here is a link to that page: <http://www.region5oa.org/assemblies/>

UPCOMING EVENTS

Saturday, September 16 10:00 am—11:30 am	CHIWIF INTERGROUP MEETING All are welcome! See How Your Intergroup Works Click Here
Friday, September 22— Sunday, September 24	A WEEKEND WALK THROUGH THE STEPS For more information, Ellen 815-462-9184 or email oaretreat2017@gmail.com Click Here
Friday, September 22— Sunday, September 24	JUST FOR TODAY—I WILL NOT BE IN CHARGE OA Milwaukee Intergroup hosting retreat at Siena Retreat Center in Racine, WI For information email retreat@oamilwaukee.org or call/text Mary 414-550-3946 Click Here
Saturday, October 7 1:00 pm— 4:00 pm	BREAKING THE CHAINS OF COMPULSIVE EATING: - FREEDOM FROM BONDAGE Suburban North Intergroup— Vernon Township Building 2900 N Main St. Buffalo Grove For info: Contact Deanna B 224-639-0899 ddhope12@aol.com Click Here
Saturday, October 14 10:00 am—11:30 am	CHIWIF INTERGROUP MEETING NOTE: Second Saturday due to Region 5 Convention All are welcome! See How Your Intergroup Works Click Here
Friday, October 20— Sunday, October 22	REGION 5 CONVENTION See Flyers here or Website for more info Click Here
Saturday, November 18 1:00 pm—4:00 PM	COPING THROUGHOUT THE HOLIDAY SEASON Presented by Burr Ridge Saturday 8 am Meeting Edwards Elmhurst Hospital 155 E. Brush Hill Rd, Elmhurst, IL Oak Room—lower level—park in Green parking Lot For Information call Chris K. 708-479-0656 Click Here
Saturday, November 18 All Day	IDEA DAY (International Day Experiencing Abstinence) Celebrated the third Saturday in November, this day encourages OA members worldwide to begin or reaffirm their abstinence from compulsive overeating.

WANT TO SEE YOUR GROUP'S EVENT LISTED HERE? SEND YOUR FLYER OR INFORMATION TO
MSBUTTERFLYER@YAHOO.COM

OA Weekend Retreat

Sponsored by Milwaukee Area Intergroup

**Just For
today...**

**I
will not
be in
charge.**



**Siena Retreat Center
Racine, WI
22nd - 24th SEPT 2017**

Friday 7PM - Through - Sunday Noon

Private Room and Bath
Linens/Towels Provided
2 Breakfasts 1 Lunch and 1 Supper
Refrigerator & Microwave On-Site

Early Registration \$172 Per Person
After July 15, 2017 \$182 Per Person

*** Limited Amount of Rooms Available Register Early ***

Please Print * Registration Fees Non-Refundable * Fees are Only Transferable to Another Person *****

NAME: First /Last Initial Only	
EMAIL:	
CELL / TEL:	
HOME GROUP MEETING:	
SIGNATURE: First /Last Initial Only	

Service Opportunities:

____ YES I am interested in being a Second Pair of Hands for Setting Up/Cleaning Up Activities.

____ YES I am interested in being a Buddy Friend to reach out my OA Hand so everyone feels included

Make Check Payable To:

MAI-OA

Mail Form & Check To:

**MAI-OA
PO BOX 270054
Milwaukee WI 53227**

**Limited Scholarships are Available. On A First-come, First-served Basis 50% Payment
Received to Apply**

Scholarships can cover up to 50% of Fee. Scholarships amounts are awarded by number of requests & by donations.

Payment of the Open Balance is the responsibility of the person applying. Service Work is required during Retreat.

Yes I would appreciate a Retreat Scholarship.

Any questions email: retreat@oamihwaukee.org or call/text Mary M 414-550-3946

Receipt & Retreat Information Will Be Sent When Payment Received

Thank You!

OA Fall 2017 Retreat

A WEEKEND WALK THROUGH THE STEPS

September 22nd (6:30pm) –
Sunday, September 24th (noon)
2017



A Recovery Boutique will be held at the retreat.

Bring your gently used clothes, handbags, and jewelry and return home with some treasures. Hangers appreciated.

REGISTER BY 9/1/2017

Early Bird Rate until 8/15/17

- ☐ Double Room @ \$150
- ☐ Single Room* @ \$170
- ☐ Commuter** (no room) @ \$45

Rate after 8/15/17

- ☐ Double Room @ \$170
- ☐ Single Room* @ \$190
- ☐ Commuter** (no room) @ \$105

Scholarship Donation

- ☐ I have added the following donation to my registration to support attendance by OA members in need:
☐ \$10 ☐ \$20 ☐ \$50 ☐ Other: _____

If you would like to be considered discretely for a partial scholarship, please send an email to oaaretreat2017@gmail.com prior to submitting your registration.

No walk-ins accepted

*SINGLE ROOMS are limited

**Commuters must register

Roommate Request for Doubles

- ☐ I requested a double room and would like to share with _____

(If you don't name a roommate, you will be matched up by retreat organizers)

NAME: _____

ADDRESS: _____

CITY/ST/ZIP: _____

PHONE: _____

EMAIL: _____

- ☐ I would like my name, phone number and email address on the retreat phone list
- ☐ I am available to sponsor
- ☐ I am a newcomer to OA (less than 1 year)
- ☐ This is my first retreat

Make checks payable to: Ellen P

Mail check and registration form to:

Ellen P
1113 Ogden Road
New Lenox, IL 60451

Questions: Call Ellen @ 815.462.9184
or email oaaretreat2017@gmail.com

MEALS PROVIDED: Breakfast, lunch, dinner on Saturday; Sunday breakfast. Refrigerator and microwave available.

**BREAKING THE CHAINS OF COMPULSIVE EATING:
FREEDOM FROM BONDAGE**

**SATURDAY
OCTOBER 7, 2017 1-4 PM**

*Speakers * Panel * Group Sharing * Fellowship * Raffle

Family and Friends welcome

Donation of an individual item or basket for our raffle is appreciated.

Suggested Donation \$5

Vernon Township Building

2900 North Main Street Buffalo Grove, Illinois

DIRECTIONS:

From Chicago/Indiana area on 1-294 northbound /1-94 westbound:

Exit at Highway 22 (Half Day Road) and turn left

Take Highway 22 west for 3.4 miles.

Turn right on Main Street.

The Vernon Township Building will be on the left in 0.4 miles.

From Milwaukee area on 1-94 eastbound:

Exit at Highway 22 (Half Day Road) and turn right.

Take Highway 22 west for 3.6 miles.

Turn right on Main Street.

The Vernon Township Building will be on the left in 0.4 miles.

From Rockford area on 1-90 eastbound, and

From Southwest suburbs on 1-290 westbound /1-355 northbound:

Exit at Highway 53 and go north for 7.3 miles.

Exit at Lake Cook Road and go east for 2.8 miles.

Turn left onto Buffalo Grove Road and go north for 4 miles.

Turn right onto Main Street.

The Vernon Township Building will be on the right in 0.2 miles.

FOR MORE INFORMATION

Deanne B. 224-839-0888

ddhope12@aol.com

Worldwide OA website: www.oa.org OA Region 5 website: www.region5oa.org

Suburban North Intergroup phone: 855-632-6039

The Suburban North Intergroup (SNI) meets monthly. Visitors are welcome

53¹⁰² Raupp Blvd., Buffalo Grove, IL 60089

Overeaters Anonymous Workshop
Keep Coming Back
Coping Throughout the



Holiday Season
Saturday, November 18, 2017

1-4 p.m.

Elmhurst Memorial Hospital

155 E. Brush Hill Road,

Elmhurst, IL

Oak Room – lower level

Park in the green parking lot.

Suggested Donation: \$5.00

**Members share their experience,
strength and hope. Please join us for the
Sharing and the Fellowship**

For more information call:

Chris K. 708-479-0656

Sponsored by:

CHI-WIF and the Burr Ridge Saturday 8 a.m. meeting

*Did you know this day is also IDEA (International Day of
Experiencing Abstinence) Day in OA?*

♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 08/2017**
(Closed—Means Only Open to People with Food Obsessions—No Visitors)

When	City	Where	Type of Meeting	Contact	Group #
Sunday 5:00 PM - 6:00 PM	Batavia	Fox Valley Unity Church— 230 Webster Street at Van Buren St	Literature Meeting (Closed)	Marla (630) 202-4545	(013-30514)
Sunday 7:00 PM - 8:00 PM	LaGrange	First Congregational Church— 100 South 6th Avenue at Cossitt	Big Book Study (Closed)	Sheila S. (630) 747-1001	(013-50044)
Sunday 7:00PM—8:00 PM	Oak Park ♥	Good Shepherd Lutheran Church 611 Randolph Street (New Listing)	OA 12&12 (Closed) Candlelight Meeting	Sara S. (708) 204-8893	(013-40019)
Monday 10:00 AM - 11:30 AM	DeKalb	Senior Center 409 S Grove	Format Varies (Closed)	Joan (815) 899-8960	(013-45133)
Monday 7pm-8pm	Wheaton	St Paul Church 515 South Wheaton Ave	OA Literature (Closed)	Kim (630) 858-6295	(013-50466)
Monday 7:30 PM - 8:30 PM	Naperville	The Community Church (Yellow Box) 1635 Emerson Lane	Format Varies (Closed) <i>Open Mtg on the 3rd Mon.</i>	Julie O. (630) 234-1655	(013-04500)
Tuesday Noon - 1:00 PM	Naperville	Compass Church, 1551 Hobson Road at College/Wehrli Room S101	Varies (Closed) — <i>Open Mtg on the 5th Tues.</i>	Marilyn (630) 416-3723	(013-39620)
Tuesday 5:30 PM - 6:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Step Study (Closed)	Sindee (630) 968-6328	(013-35752)
Tuesday 7:00 PM - 8:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Open to All Back to Basics	Belle S. (630) 747-7669	(013-51048)
Tuesday 7:00 PM - 8:00 PM	Riverside ♥	Sts Peter & Paul Lutheran Evangelical Church 250 Woodside Rd. (Enter off 31st—Upstairs)	Format Varies (Closed)	Katie H. (630) 864-7419	(013-52223)
Tuesday 7:00 PM - 8:00 PM	St. Charles	Hosanna Lutheran Church Red Gate Rd & Randall Rd	Format Varies (Closed)	Debbie (847) 695-2181	(013-21464)
Wednesday 9:30 AM - 11:00 AM	Aurora	Our Lady of Good Counsel St. Francis Center, 620 S. Fifth Street	Format Varies (Closed)	Diane K. (630) 816.2288	(013-08909)
Thursday 10:00 - 11:00 AM	Wheaton	St. Paul Lutheran Church 515 S Wheaton Avenue at Evergreen Street	Format Varies (Closed)	Kim S. (630) 858-6295	(013-00804)
Thursday Noon - 1:00 PM	Downers Grove	St. Luke's Presbyterian Church 3910 Highland Avenue at 39th Street	OA 12 & 12 (Closed)		(013-47257)
Thursday 7:00 PM - 8:00 PM	Aurora	Mercy Center Hospital, McDermott Room 1325 N Highland, Aurora	Format Varies (Closed)	Jim M. (708) 309-4661	(013-35368)
Thursday 7:30 PM - 8:30 PM	Downers Grove	St. Luke's United Presbyterian Church 910 Highland Avenue at 39th Street	Format Varies—(Closed) <i>Open Mtg on the 5th Thurs- day.</i>	Ken (630)434-8438	(013-04530)
Friday 7:00AM - 8:00AM	Oak Park ♥	Good Shepherd Lutheran Church—Back Door 611 Randolph (3 blocks E of Oak Park Ave)	Format Varies (Closed)	Mary Lou (708) 343-8360	(013-46432)
Friday 9:00 AM - 10:30 AM	LaGrange	First Congregational Church 100 South 6th Avenue at Cossitt	Format Varies (Closed)	Jane K. at (708) 579-1785	(013-20655)
Friday 5:30 PM-6:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Big Book (Closed) Speaker 4th Fri of the Month	Sindee (630) 968-6328	(013-00937)
Friday 5:45 PM—6:45 PM	Naperville	Unity In Naperville 1600 Shore Rd Unit C	Big Book & Step 11 Prayer and Meditation Focus (Closed)	Sharon (630)404-5882	(013 -54526)

♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 08/2017**
(Closed—Means Only Open to People with Food Obsessions—No Visitors)

When	City	Where	Type of Meeting	Contact	Group #
Saturday 8:00 AM - 9:00 AM	Burr Ridge	Burr Ridge United Church of Christ NW Corner of County Line & Plainfield Roads	Format varies (Closed)	Chris K. (708) 579-0656	(013- 38938)
Saturday 8:30 AM - 9:30 AM	Roselle	Trinity Lutheran Church 405 W Rush Street, Conference Room 119	Big Book, Steps (Open)	Liz B. (636) 346-3829	(013- 36157)
Saturday 9:00 AM - 10:00 AM	Winfield	St. John the Baptist Church 0S233 Church Street Building in Back of Church	Format Varies (Closed) Open Mtg. 5th Sat.	Dan V. (630) 244-2415	(013- 39585)
Saturday 9:00 AM - 10:00 AM	River Forest	Grace Lutheran Church 7401 West Division (Learning Center)	OA 12 & 12 (Closed)	Kathleen (708) 408-5702	(013- 35325)
Saturday 10:00 AM - 11:00 AM	Darien	Lord of Life Lutheran Church 725 75th Street	Format Varies (Closed) — <i>Open Mtg 5th Sat.</i>	Amber M (312)-929-6408	(013- 24782)
Saturday 10:15 AM - 11:30 AM	Elmhurst	Epiphany Evangelical Lutheran Church 314 W Vallette St (Spring & Vallette) 1st Room from Parking lot	Format Varies (Closed — <i>Open Mtg on the 5th Sat.</i>	Laura W (708) 284-6247	(013- 32222)
Saturday 11:00 AM-12:00 PM NEW MEETING	Dekalb	Alamo Club 312 E. Taylor St	Literature Study (Closed)	Scot (407) 913-1902	(013- 54618)



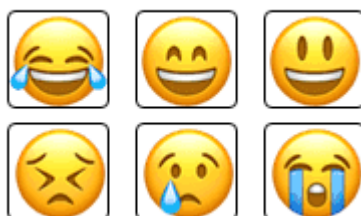
7th Tradition Support OA the 60/30/10 Way!

Percent	Service Body	Address	CHI-WIF INTERGROUP NUMBER IS 013-09168
60%	Intergroup*	CHI-WIF Treasurer PO Box 4419 Lisle, IL 60532	CHI-WIF CONTRIBUTION FORM Click Here *We no longer mail receipts Send a self addressed stamped envelope or email address.)
30%	World Service*	World Service Office PO Box 44020 Rio Rancho, NM 87174-4020	WORLD SERVICE CONTRIBUTION FORM Click Here for mail in form Click Here for on-line contribution
10%	Region*	Region 5 Treasurer PO Box 1087 Lombard, IL 60148-2375 (New Address)	REGION 5 CONTRIBUTION FORM Click Here (New form—We no longer mail receipts.. Send a self addressed stamped envelope or email address.)

*Include full meeting information with your payment



September 1
Hogwarts Express Departs for 1st Day of School



September 19, 1982
First time an emoji is used



September 26, 1957
West Side Story Opens on