

The Butterflyer

The September 2016 Newsletter of **Overeaters Anonymous** for Chicago Western Intergroup Far-Out CHI-WIF. <http://www.chiwifo.org>
This literature has been locally produced by CHI-WIF IG. The content reflects the experience, strength and hope of our local members. It is not OA Conference- or board-approved and does not represent OA as a whole.

THE STRUCTURE OF OA WORLD SERVICE BUSINESS CONFERENCE

I have been blessed to attend the World Service Business Conference in Albuquerque, New Mexico for the past four years as a delegate from CHI-WIF Intergroup. It has been an incredible learning experience and a great gift to meet members of our fellowship from around the world. We meet to learn and share experience, strength and hope and also do the business of OA. The World Service Business Conference represents the collective group conscience of OA as a whole.

Before I went to my very first WSBC, the Intergroup received the information about the motions that had been presented to the conference to be voted on during the business sessions. There was a particular motion that seemed very simple and straight forward to me, and I can remember thinking, "Why wouldn't everyone want that?" When we met at WSBC to discuss that particular motion, there were many people who were not in favor of that motion and they had an opportunity to share their position. That experience really helped me to see that everyone does not think the way that I think and that there are many different viewpoints on what is best for OA as a whole.

Together and collectively, we work toward sharing the message of recovery. Each delegate to WSBC is asked to serve on a committee that works throughout the year to reach goals set by the committee and sub-committees. I have been blessed to work on the Twelfth Step Within committee at each conference and thankful that our sub-committee's project – The Simplicity Project – was approved and is now available on the OA.org website.

Serving the fellowship beyond the group level has been very helpful to me in my life and my recovery. I highly recommend that you come to the next Intergroup meeting on October 15th and see what you can do to serve the fellowship.
CJ M

UPCOMING TOPICS

October

How are Changes Made in OA

November

How is Literature Produced or Changed

Editorial Statement

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ASK MS. BUTTERFLYER



Question: What is the difference between Board-approved and Conference-approved literature?

Answer: Conference-approved literature has received the Conference Seal of Approval by an affirmative vote of 2/3rds of the voting delegates at the World Service Business Conference. All original publications for use by the OA Fellowship must be Conference approved.

Board-approved literature are publications that have been approved by the Board of Trustees, and may be either one or both of the following:

- Originated from a Board or Conference Committee and not intended for the Fellowship as a whole
- Compiled from existing Conference-Approved Literature or Lifeline magazine

In either case the items are OA-approved literature and may be displayed and/or sold at OA meetings.

Do you have a question for Ms. Butterflyer? Send it to MSButterflyer@yahoo.com

CHI-WIF Officers

Chair - CJ M 708-218-1904

Vice Chair - Vacant

Secretary - Amber M 312-929-6408

Treasurer - Gerri M 630-833-6942

Editor - Gerri M 630-833-6942

**Does your meeting have an IG rep?
Come and join us!**

Upcoming IG Meeting

October 15, 2016

10-11:30AM

**Good Samaritan Hospital
Downers Grove, IL 60515**

CAFETERIA OAK ROOMS

By NJ
GOD'S WILL OR MY WILL?

At a phone meeting I frequently attend, we read the Ninth and Tenth Step promises, which includes the "Thy will (not mine) be done" paragraph on p. 85 of *Alcoholics Anonymous*. There are only two choices in prayer, God's will or my will, and I have learned that I need protection from myself.

There are no laurels in food addiction. I have an incurable disease. My relationship with Creator God is the foundation of abstinence – sane eating and successful living. Every day is an opportunity to listen for directions and carry them out to the best of my ability. Aligning my will with God's will keeps me other-centered and useful. Some days are more listening; some days the call for action is predominate. The Big Book uses the term God-conscious meaning I am attentive to His presence and presents.

I am so grateful for these years of recovery that number more than my years of struggle with the scale, a god with a little "g." If you are not familiar with p. 85-88 of *Alcoholics Anonymous*, please do not miss out on an exciting journey of relationship with the God of your understanding.

Every day is a adventure living in God's will.

HANDY LINKS -

OA Young Persons Facebook Page



BYLAW BYLINE

INTERGROUP MEETINGS



We are happy to announce the Overeaters Anonymous YP page!

The Young Persons' Committee is comprised of a pretty awesome group of people. They designed the page and did all the footwork to get it up and running. Check out this historic" event!

<https://www.facebook.com/Overeaters-Anonymous-YP-189855701430499/>

Remember if you like a page on Facebook, your friends can see that you liked it unless you carefully structure your security.

IMPORTANT CONTACT INFO:

OA World Service Office (505) 891-2664

Region V Website www.region5oa.org

OA Website www.oa.org

Chi-Wif Website www.chiwifo.org

Addresses

CHI-WIF—PO Box 4419, Lisle, IL 60532

PO Box 199223 Indianapolis, Indiana 46219 317-809-9575



Article six of our bylaws covers Intergroup meetings:

The Intergroup meets monthly at a time and place decided by a vote (currently the 3rd Saturday of each month at 10 a.m. at Good Samaritan Hospital in Downers Grove in one of the cafeteria rooms)

- At the May meeting, we elect officers. Intergroup Representatives (IR's) are notified in April of available officer positions they may run for.
- The November meeting is used to elect World Service Office Delegates and Region Reps.
- A special meeting may also be called, if the majority agree to it.
- Intergroup meetings are announced in our newsletter, and notification is provided 10-days beforehand.
- Decisions are made by a simple majority, as long as at least two Intergroup Officers and at least one other voting member are present.

If you are interested in using the tools of writing and service by contributing an article on the monthly topic, an anecdote, a poem or just simply how program has helped & is helping to improve your quality of life, please email me at:

MSBUTTERFLYER@YAHOO.COM

or send by regular mail to: CHI-WIF IG PO Box 4419

Articles should be received by the third week of the month.

Gerri M, Editor

The *Butterflyer* is only available via email. If you are interested in receiving this free monthly newsletter electronically or if you did not receive your electronic subscription please send an email with the word "SUBSCRIBE" in the subject box to: MSBUTTERFLYER@YAHOO.COM



ANNOUNCEMENTS

September 1—4	WORLD SERVICE CONVENTION Boston Click Here
Sunday, September 4 6 pm—7 pm CST	TALK WITH THE TRUSTEE Phone: 641-715-3818 Pin: 925619#
Monday, September 5 7 am—11 pm CST	LABOR DAY HOLIDAY MARATHON One Day at a Time Phone: 712-432-5200 Pin: 4285115#
Sunday, September 11 2 pm—3 pm CST	SERVICE AND MY RECOVERY Phone: 641-715-3818 Pin: 925619#
September 16—18	REGION 5 CONVENTION Detroit Click Here
Saturday, October 15 10:00 am—11:30 am	CHIWIF INTERGROUP MEETING All are welcome! Click Here

DUE TO THE TIMING OF THE REGION 5 CONVENTION—THERE WILL BE NO INTERGROUP MEETING ON SATURDAY, SEPTEMBER 15.

WANT TO SEE YOUR GROUP'S EVENT LISTED HERE? SEND YOUR FLYER OR INFORMATION TO MSBUTTERFLYER@YAHOO.COM

Tuesday, 7pm Riverside
Thursday, 7pm Oswego
Meetings Need Support ♥

IF YOUR GROUP IS LISTED HERE, YOU ARE NOT RECEIVING IMPORTANT OA INTERGROUP INFORMATION.

We need your secretary's name, address, phone, and email. Generally, we no longer mail information so you must have an email address or designate one to receive our emails.

Contact MSButterflyer@Yahoo.com

<u>Meeting</u>	<u>Day</u>	<u>Time</u>
Yorkville	Monday	7pm
DeKalb	Monday	10am
Bartlett	Friday	7pm

OA COMPUTER LINKS



VISIT THE CHIWIF WEBSITE

[Click Here](#)



Chicago Western Intergroup Far-Out
CHI-WIF

PROFESSIONAL COMMUNITY COURIER

OA News and Information for the Professional Community

[Click Here](#)

PROFESSIONAL COMMUNITY
COURIER

REGION 5 WEBSITE (New and Improved)

[Click Here](#)



REGION 5 OF OVEREATERS ANONYMOUS

FREEDOM FROM BONDAGE—Region 5 March 2016 Newsletter

[Click Here](#)

Writings from November
Assembly [Click Here](#)

FREEDOM FROM BONDAGE

OVEREATERS ANONYMOUS REGION 5



A STEP AHEAD NEWSLETTER—Third Quarter 2016

[Click Here](#)

A Step Ahead

BUTTERFLYER—Past Issues

[Click Here](#)

The  Butterfly

VISIT THE NEWLY RE-DESIGNED OA WEBSITE

[Click Here](#)



MEETINGS—Location, Days, & Times (To find all meetings in our Intergroup, use 09168 for the Intergroup number for CHI-WIF)

[Click Here](#)



OVEREATERS ANONYMOUS

Difference between Abstinence and a Plan of Eating Workshop ☒

**PRESENTED BY SATURDAY ELMHURST MEETING
IN COOPERATION WITH CHI-WIF INTERGROUP**

DATE: Saturday, October 15, 2016
TIME: 1:00 PM— 4:00 PM
WHERE: Edward-Elmhurst Hospital
155 E. Brush Hill Road. Elmhurst, IL 60126
Oak Room—Lower Level—Park in the Green Lot
AMOUNT: Suggested donation \$5 - no one turned away
CONTACT: Laura W. 708/284-6247
Bee O. berna746@gmail.com
Cathy rusnak41@comcast.net

WORKSHOP OBJECTIVES

- 🍁 Understand the difference between Abstinence and A Plan of Eating
- 🍁 Have a clear vision of your abstinence
- 🍁 Understand what a Plan of Eating is, and is not
- 🍁 Know about relevant OA resources

Overeaters Anonymous Workshop
Keep Coming Back –
Coping Throughout the
 Holiday Season

Saturday, November 5, 2016

1-4 p.m.

Elmhurst Memorial Hospital

Oak Room – lower level

Park in the green parking lot.

Suggested Donation: \$5.00

**Members share their experience,
strength and hope. Please join us for the
Sharing and the Fellowship**

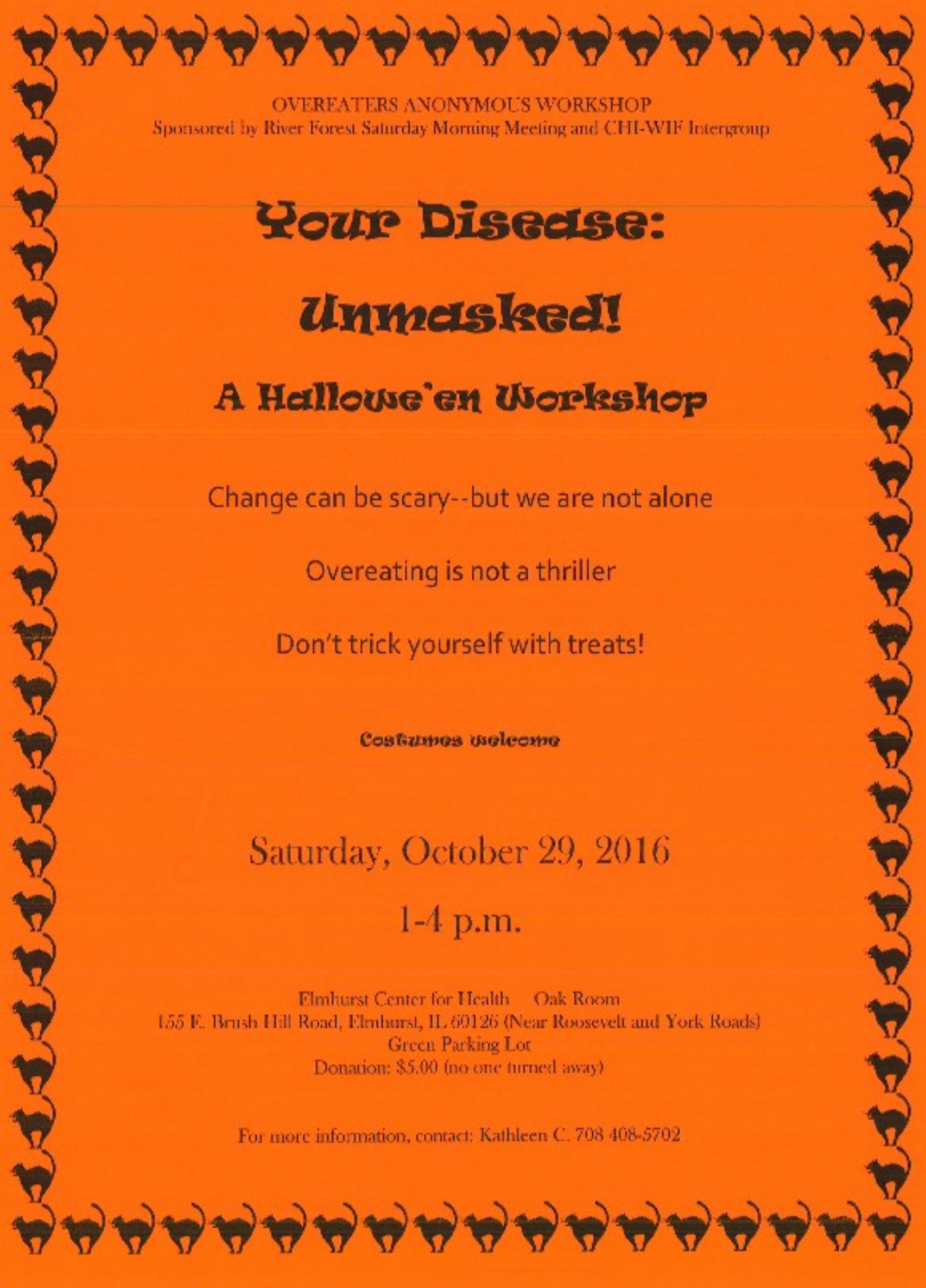
For more information call:

Shawna R. - 708-528-1429

CJ M. – 708-218-1904

Sponsored by:

CHI-WIF and the Saturday 8 a.m. Burr Ridge meeting



OVEREATERS ANONYMOUS WORKSHOP
Sponsored by River Forest Saturday Morning Meeting and CHI-WIF Intergroup

Your Disease: Unmasked!

A Hallowe'en Workshop

Change can be scary--but we are not alone

Overeating is not a thriller

Don't trick yourself with treats!

Costumes welcome

Saturday, October 29, 2016

1-4 p.m.

Elmhurst Center for Health - Oak Room
155 E. Brush Hill Road, Elmhurst, IL 60126 (Near Roosevelt and York Roads)
Green Parking Lot
Donation: \$5.00 (no one turned away)

For more information, contact: Kathleen C. 708 408-5702

♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 08/2016**

When	City	Where	Type of Meeting	Contact	Group #
Sunday 5:00 PM - 6:00 PM	Batavia	Fox Valley Unity Church— 230 Webster Street at Van Buren St	Literature Meeting	Marla (630) 202-4545	(013-30514)
Sunday 7:00 PM - 8:00 PM	LaGrange	First Congregational Church— 100 South 6th Avenue at Cossitt	Big Book Study	Sheila S. (630) 747-1001	(013-50044)
Sunday 7:00PM—8:00 PM	Oak Park	Good Shepherd Lutheran Church 611 Randolph Street (New Listing)	OA 12&12 (Candlelight)	Sara S. (708) 204-8893	(013-40019)
Monday 10:00 AM - 11:30 AM	DeKalb	Senior Center 409 S Grove	Format Varies	Joan (815) 899-8960	(013-45133)
Monday 7pm-8pm	Wheaton	St Paul Church 515 South Wheaton Ave	OA Literature	Kim (630) 858-6295	(013-50466)
Monday 7:30 PM - 8:30 PM	Naperville	The Community Church (Yellow Box) 1635 Emerson Lane	Format Varies <i>Open Mtg on the 3rd Mon.</i>	Julie O. (630) 234-1655	(013-04500)
Tuesday Noon - 1:00 PM	Naperville	Compass Church, 1551 Hobson Road at College/Wehrli Room 3101	Varies— <i>Open Mtg on the 5th Tues.</i>	Marilyn (630) 416-3723	(013-39620)
Tuesday 5:30 PM - 6:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Step Study	Sindee (630) 968-6328	(013-35752)
Tuesday 7:00 PM - 8:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Open to All Back to Basics	Belle S. (630) 747-7669	(013-51048)
Tuesday 7:00 PM - 8:00 PM	Riverside ♥	Sts Peter & Paul Lutheran Evangelical Church 250 Woodside Rd. (Enter off 31st—Upstairs)	Format Varies Open to All	Katie H. (630) 864-7419	(013-52223)
Tuesday 7:00 PM - 8:00 PM	St. Charles	Hosanna Lutheran Church Red Gate Rd & Randall Rd	Format Varies	Debbie (847) 695-2181	(013-21464)
Wednesday 9:30 AM - 11:00 AM	Aurora	Our Lady of Good Counsel St. Francis Center, 620 S. Fifth Street	Format Varies	Diane K. (630) 816-2288	(013-08909)
Thursday 10:00 - 11:00 AM	Wheaton	St. Paul Lutheran Church 515 S Wheaton Avenue at Evergreen Street	Format Varies	Kim S. (630) 858-6295	(013-00804)
Thursday Noon - 1:00 PM	Downers Grove	St. Luke's Presbyterian Church 3910 Highland Avenue at 39th Street	OA 12 & 12	Connie M (630) 960-4955	(013-47257)
Thursday 7:00 PM - 8:00 PM	Aurora	Mercy Center Hospital, McDermott Room 1325 N Highland, Aurora	Format Varies	Jim M. (708) 309-4661	(013-35368)
Thursday 7:00 PM - 8:00 PM	Oswego ♥	Wheatland Salem Church 1217 Wolf Road, Oswego	Format Varies	Barbara H. (630) 674-9341	(013-51364)
Thursday 7:30 PM - 8:30 PM	Downers Grove	St. Luke's United Presbyterian Church 910 Highland Avenue at 39th Street	Format Varies— <i>Open Mtg on the 5th Thursday.</i>	Sarah E. (708) 705-5801	(013-04530)
Friday 7:00AM - 8:00AM	Oak Park	Good Shepherd Lutheran Church—Back Door 611 Randolph (3 blocks E of Oak Park Ave)	Format Varies	Mary Lou (708) 343-8360	(013-46432)
Friday 9:00 AM - 10:30 AM	LaGrange	First Congregational Church 100 South 6th Avenue at Cossitt	Format Varies	Jane K. at (708) 579-1785	(013-20655)
Friday 5:30 PM-6:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Big Book Speaker 4th Fri of the Month	Sindee (630) 968-6328	(013-00937)
Friday 5:45 PM—6:45 PM	Naperville	Unity In Naperville 1600 Shore Rd Unit C	Big Book reading—special focus on Steps 10, 11, 12	Sharon (630)404-5882	(013 -54526)
Friday 7:00PM—8:00PM	Bartlett	Living Lord Lutheran Church 1044 Congress Drive	Format Varies	Dwayne G (630) 433-0656	(013-53121)

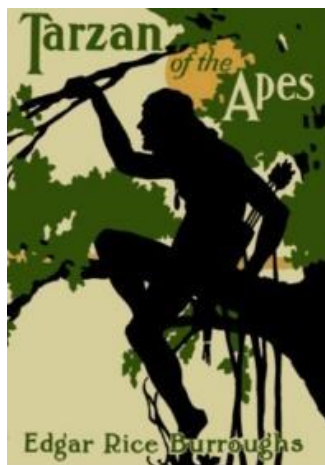
When	City	Where	Type of Meeting	Contact	Group #
Saturday 8:00 AM - 9:00 AM	Burr Ridge	Burr Ridge United Church of Christ NW Corner of County Line & Plainfield Roads	Format varies	Terri N. (630) 688-7841	(013-38938)
Saturday 8:30 AM - 9:30 AM	Roselle	Trinity Lutheran Church 405 W Rush Street, Conference Room 119	Big Book, Steps	Liz B. (636) 346-3829	(013-36157)
Saturday 9:00 AM - 10:00 AM	Winfield	Central DuPage Hospital Behavioral Health Services, Room 131 27W350 High Lake Road	Format Varies	Dan V. (630) 244-2415	(013-39585)
Saturday 9:00 AM - 10:00 AM	River Forest	Grace Lutheran Church 7401 West Division (Learning Center)	OA 12 & 12	Kathleen (708) 408-5702	(013-35325)
Saturday 10:00 AM - 11:00 AM	Darien	Lord of Life Lutheran Church 725 75th Street	Format Varies— <i>Open Mtg on the 5th Sat.</i>	Amber M (312)-929-6408	(013-24782)
Saturday 10:15 AM - 11:30 AM	Elmhurst	Epiphany Evangelical Lutheran Church 314 W Vallette St (Spring & Vallette) In the library	Format Varies— <i>Open Mtg on the 5th Sat.</i>	Laura W (708) 284-6247	(013-32222)



7th Tradition Support OA the 60/30/10 Way!

Percent	Service Body	Address	CHI-WIF INTERGROUP NUMBER IS 013-09168
60%	Intergroup*	CHI-WIF Treasurer PO Box 4419 Lisle, IL 60532	CHI-WIF CONTRIBUTION FORM Click Here *We no longer mail receipts
30%	World Service*	World Service Office PO Box 44020 Rio Rancho, NM 87174-4020	WORLD SERVICE CONTRIBUTION FORM Click Here for mail in form Click Here for on-line contribution
10%	Region*	Region 5 Treasurer PO Box 199223 Indianapolis, Indiana 46219	REGION 5 CONTRIBUTION FORM Click Here for mail in form

*Include full meeting information with your payment



September 1, 1875
Chicago, Edgar Rice Burroughs is Born



September 8, 1883
Northern Pacific RR Completed



September 26, 1960
1st Televised Pres. Debate, Chicago