

The Butterflyer

The October 2017 Newsletter of **Overeaters Anonymous** for Chicago Western Intergroup Far-Out CHI-WIF. <http://www.chiwifo.org>
This literature has been locally produced by CHI-WIF IG. The content reflects the experience, strength and hope of our local members.
It is not OA Conference- or board-approved and does not represent OA as a whole.

PROGRAM BASICS TOOLS OF RECOVERY

Tool (tool) n. 1. any hand implement, instrument, etc. used for some work 2. any similar instrument that is the working part of a machine, as a drill and 3. anything that serves as a means. (That's it!)

Big Book, p. 25....."there was nothing left for us but to pick up the simple kit of spiritual tools laid at our feet."
I have been in OA for 29 years. OA has been working IN ME for 15 years. My God, sponsors and the fellowship have helped me maintain a healthy body weight since 2003. Here's what the tools mean to me:

1. Plan of Eating – if I fail to plan, I plan to fail
2. Sponsorship – The work "I" never appears in the Twelve Steps. They start w/ "WE".
3. Meetings – When I don't think I need one, is when I need one.
4. Telephone – Asking for help was Step Zero for me.
5. Writing – I would never do THAT.....until I tried it and now it is part of my daily quiet time. (Open-mindedness was also Step Zero for me!!)
6. Literature – OA literature has taken the place of my television!
7. Anonymity – I don't care who knows I am in the Program, but others have the right to NOT be known to the public. We are not anonymous to each other.
8. Service – "Our real purpose is to fit ourselves to be of maximum service to God and the people about us." (BB, p.77)

"IT WORKS -- IT REALLY DOES!" (BB, p. 88)

UPCOMING TOPICS

November—Program Basics
WHAT IF I DON'T BELIEVE IN GOD

December—Program Basics
OA IS RICH IN HISTORY

Editorial Statement

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CHI-WIF Officers

Chair - Dave C 630-778-0226
Vice Chair - Vacant
Secretary - Vacant
Treasurer - Laura W 708-284-6247
Editor - Gerri M 630-833-6942
Does your meeting have an IG rep?

Come and join us!

Upcoming IG Meeting

*****October 14, 2017*****

10-11:30AM

Advocate Good Samaritan Hospital
Downers Grove, IL 60515

CAFETERIA OAK ROOMS

Step Seven By NJ

Having a disease of the mind changes my viewpoint. For successful living and sane eating, I must become like a child again. Honesty, openness, and trust are a picture of my grandchildren. They are delighted to spend time with me and know I will take care of any need.

I have lived on the planet too long to mislead you by saying fear of following direction from God does not exist. But I journal, share, and obey rather than resist God's intervention. Step Seven revolves around humility after the willingness of Step Six.

I humbly ask God to remove from me anything that separates me from Him and others. Can I recognize the pain inflicted on others because of my defects of character? Can I acknowledge the limits of human power, my will, my intellect, my reasoning? Can I appreciate the majesty and mystery of God to transform lives?

Surrender to God's leadership cannot occur until I admit my limitations and acknowledge the need for God's guidance. Bill Wilson writes, "... this was the keystone of the new and triumphant arch through which we passed to freedom."*

I looked at Step Seven as a "slipper step" when I was a newcomer because there was very little written or spoken about it. Many years later, I can say this is where I repeatedly meet God with my brokenness. His power alone can mold my character defects into healthy instruments of His will. Here I am, Creator God, take all of me.

*Alcoholics Anonymous p. 62

HANDY LINKS - THE TOOLS OF RECOVERY



Overeaters Anonymous (OA) is a program based on the [Twelve Steps](#) adapted from Alcoholics Anonymous, with the words "food" and "compulsive overeaters" replacing "alcohol" and "alcoholics." In OA we talk about abstinence from eating compulsively, which is like being sober from drinking alcohol or doing drugs. To help members stay abstinent and keep working the steps, OA suggests a number of [tools](#): a plan of eating, sponsorship, meetings, telephone, writing, literature, action plan, anonymity and service. In this episode, three guests who have recovered from compulsive eating in OA will talk about how these tools have been key to their recovery and long-term abstinence from compulsive eating.

[Listen Now - OA's Nine Tools of Recovery](#) | [Download](#)

[http://www.oa.org/wp-content/podcasts/
Ep4_OAs_Nine_Tools_of_Recovery_11.07.2013.mp3](http://www.oa.org/wp-content/podcasts/Ep4_OAs_Nine_Tools_of_Recovery_11.07.2013.mp3)

IMPORTANT CONTACT INFO:

OA World Service Office (505) 891-2664

Region 5 Website www.region5oa.org
OA Website www.oa.org
Chi-Wif Website www.chiwifo.org

Addresses

CHI-WIF—PO Box 4419, Lisle, IL 60532
REGION 5—PO Box 1087 Lombard, IL 60148-2375



Twelfth-Step-Within - Suggested Topics



Suggested Topics for Workshops, Marathons, and Retreats

- Working the Steps to recover from relapse
- Relapse: stepping-stone or stumbling block?
- Dealing with shame, both in and out of the program
- We have to do it ourselves, but we cannot do it alone.
- Keep coming back!
- The solution is in the Steps.
- Relapse: time to begin anew
- If you slip, get up.
- We seek spiritual progress, rather than spiritual perfection.
- Recovery is process, not an event!
- This too shall pass.
- Two steps back, Twelve steps forward
- Recovery in God's time, not mine
- Positive action strengthens recovery

Be sure to check out the upcoming Relapse Prevention workshop on October 28th! Available in this Butterflyer or [Click Here](#)

If you are interested in using the tools of writing and service by contributing an article on the monthly topic, an anecdote, a poem or just simply how program has helped & is helping to improve your quality of life, please email me at: MSBUTTERFLYER@YAHOO.COM or send by regular mail to: CHI-WIF IG PO Box 4419
Articles should be received by the third week of the month.
Gerri M, Editor

The *Butterflyer* is only available via email. If you are interested in receiving this free monthly newsletter electronically or if you did not receive your electronic subscription please send an email with the word "SUBSCRIBE" in the subject box to: MSBUTTERFLYER@YAHOO.COM



ASK MS BUTTERFLYER

Question: Isn't it against the OA traditions to have special focus groups since all are welcome? Why is it all right to have a group whose focus is on race, ethnicity, or gender? These are outside issues and violate Tradition 10. This practice segregates OA members and violates the Unity in Tradition 1. These meetings have no place in OA!

Answer: Good question. Here is the response from Linda J, our Region 5 Trustee:

Our Suggested Meeting Format includes the statement, "As we extend the heart and hand of the OA Fellowship to those who still suffer, let us be mindful of OA's Unity With Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting, regardless of race, creed, nationality, religion, gender identity, sexual orientation, or any other trait. Are there any compulsive eaters here besides myself?"



This statement is an adaptation of the Policy adopted in 1992 and amended 2013 by the World Service Business Conference, (the world wide group conscience of OA) and is quoted below:

"Unity with Diversity" Policy

THE FELLOWSHIP encourages and promotes acceptance and inclusivity. All are welcome to join OA and are not excluded because of race, creed, nationality, religion, gender identity, sexual orientation, or any other trait. We welcome all who share our compulsion.

THE FELLOWSHIP of Overeaters Anonymous recognizes the existence of individual approaches and different structured concepts to working our Twelve-Step program of recovery; that the Fellowship is united by our disease and our common purpose; and that individual differences in approach to recovery within our Fellowship need not divide us.

THE FELLOWSHIP respects the rights of individuals, groups, and service bodies to follow a particular concept of recovery within Overeaters Anonymous and encourages each member, group, and service body to also respect those rights as they extend the embracing hand of Fellowship to those who still suffer.

THE FELLOWSHIP encourages each duly registered group and service body to affirm and maintain the Twelve Traditions of Overeaters Anonymous by allowing any member to share his or her experience, strength, and hope in meetings regardless of the individual approach or specific concept that member may follow.

THE FELLOWSHIP recognizes the importance of using a meeting format that includes the OA Preamble, and the Twelve Steps and the Twelve Traditions of Overeaters Anonymous and of mentioning the Seventh Tradition contribution. By doing so, we as a Fellowship collectively acknowledge we will safeguard Overeaters Anonymous today and in the future.

Duly registered is defined as being in full compliance with Bylaws, Subpart B, Article V.

If we are unaware of our differences, how can we accept them?

"Special Focus" meetings are not meant to focus on our differences but to allow compulsive eaters to be able to relate to each other in other ways in addition to our common disease of compulsive eating and compulsive food behaviors and our common solution of the Overeaters Anonymous Twelve Step program of recovery.

Our "Twelve Steps and Twelve Traditions of Overeaters" on p. 133, (Tradition Three), it says:

"There are also special-emphasis groups in OA, such as those especially for newcomers, for men, for women, for gays and lesbians, for maintainers, or for bulimics. In cases where these are registered OA groups, they should not exclude any compulsive eater who wants to attend and share, even though the member might not fit the category toward which the meeting is geared.

We don't want to exclude any of our fellow sufferers or create barriers to their recovery. Many of us come to OA feeling like the rest of the world misunderstands compulsive overeaters and our problems. For us, OA is the only place where we truly feel we belong."

All are welcome to attend special focus meetings. As it says above

This year our focus is on "Growing Unity Worldwide" and having a "Special Focus Track" at the Region 5 Convention in Cincinnati is meant to help build Unity. This track includes sessions on "People of Color", "Men", "LGBTQ", and "Anorexia/Bulimia". It also includes sessions on "100+ lbs weight loss" and "Struggling with Relapse". All speakers will be sharing on their recovery from the disease of compulsive eating and not focusing on their differences.

I hope you will consider attending some of these sessions even if you don't "fit the category toward which the meeting is geared".

Recognizing and welcoming our differences makes OA stronger.

OA COMPUTER LINKS



VISIT THE CHIWIF WEBSITE <http://www.chiwifo.org/>

[Click Here](#)



Chicago Western Intergroup Far-Out
CHI-WIF

PROFESSIONAL COMMUNITY COURIER

[Click Here](#)

<https://https://oa.org/newcomers/for-the-professional/>

PROFESSIONAL COMMUNITY

COURIER

REGION 5 WEBSITE (New and Improved) <http://region5oa.org>

[Click Here](#)



REGION 5 OF OVEREATERS ANONYMOUS

FREEDOM FROM BONDAGE—Region 5 April, 2017

[Click Here](#)

FREEDOM FROM BONDAGE

OVEREATERS ANONYMOUS REGION 5



http://www.region5oa.org/wp-content/uploads/2017/04/FreedomFromBondage2017.04_Printable-1.pdf

A STEP AHEAD NEWSLETTER—3rd Quarter 2017 <https://oa.org/fourth-quarter-step-ahead-now-online/>

[Click Here](#)

A Step Ahead

BUTTERFLYER—Past Issues <http://www.chiwifo.org/butterflyer-newsletter/>

[Click Here](#)

The Butterflyer

VISIT THE NEWLY RE-DESIGNED OA WEBSITE <https://oa.org/>

[Click Here](#)



OA Virtual News— 3rd Quarter Newsletter

[Click Here](#)



Virtual Services Committee

OA VIRTUAL NEWS

<http://www.oavirtualservices.org/>

MEETINGS—Location, Days, & Times (To find all meetings in our Intergroup, use 09168 for the Intergroup number for CHIWIF) <https://oa.org/find-a-meeting/>

[Click Here](#)

ANNOUNCEMENTS

OPEN/CLOSED MEETING DESIGNATIONS—Please review the Butterflyer meeting list and make sure the open/closed designations are up to date. We have added the Open/Closed designation based on the oa.org website.

Let us know at both the MSButterflyer@Yahoo.com and OA World service. [Click Here](#) or go to <https://oa.org/groupsservice-bodies/meeting-changes/edit-a-meeting/>

2017 REGION 5 CONVENTION REGISTRATION OPEN



Conventions are open to anyone. There is no requirement of abstinence. They are designed to immerse you in OA recovery, see old friends, make new ones, and have fun. Consider taking the bus to enjoy yourself even more. Scholarships for registration are available.

[Click Here](#) to register

<http://www.region5oa.org/events/2017-region-5-convention/>

[Click Here](#) for bus information

<http://www.region5oa.org/wp-content/uploads/2017/03/2017BusFlyer.pdf>



CONVENTION BUS PLAN

Our first stop is planned for around 8 am Central Time at Watertown Plank Rd Park n Ride, N Swan Blvd, Wauwatosa, WI, N of I-94 and W of 45. Our second stop will be at Petro Racine/Iron Skillet, 717 S Sylvania Ave, Sturtevant, WI, (I-94 and 20). From there, we will take I-94 into Illinois, pick up I-294, then return to I-94 until we pick up I-65 in Indiana to head toward Indianapolis. We plan to drive around Indianapolis on I-465 and take I-74 from there. I expect we will make a stop on the north side of Chicago, as well as one on the south side. We can also plan stops in Indiana along the way.

We will be making a lunch stop on the way. You may bring your lunch or purchase it.

I'm hoping to be to the convention hotel around 5 pm Eastern Time (4 pm Central Time), so we can get settled, have supper, and go to the Grand Opening Keynote Speaker.

Please encourage our fellows from near the route to take the bus and to get their reservations in soon. The sooner we receive enough reservations to pay for the bus, the sooner we know the bus will be going and can plan the rest of the stops! Thank you for spreading the word!

Packet A and online assembly registration are now available on the Assemblies page of Region 5's website, region5oa.org, or you may use the direct links below:

Fall Assembly Packet A: <http://www.region5oa.org/assemblies/>

Fall Assembly Information and Online Registration: <http://www.region5oa.org/events/region-5-fall-assembly-november-10-12/>

UPCOMING EVENTS

Saturday, October 7 1:00 pm— 4:00 pm	BREAKING THE CHAINS OF COMPULSIVE EATING: - FREEDOM FROM BONDAGE Suburban North Intergroup— Vernon Township Building 2900 N Main St. Buffalo Grove For info: Contact Deanna B 224-639-0899 ddhope12@aol.com Click Here
Saturday, October 14 10:00 am—11:30 am	CHIWIF INTERGROUP MEETING ***NOTE: Second Saturday due to Region 5 Convention *** All are welcome! See How Your Intergroup Works Click Here
Friday, October 20— Sunday, October 22	REGION 5 CONVENTION See Flyers here or Website for more info Click Here
Saturday, October 28 1:00 pm—4:00 pm	RELAPSE PREVENTION WORKSHOP Co-Sponsored by Chi-Wif & Monday Night Naperville The Yellow Box, 1635 Emerson LN Room 2A, Naperville Contact Julio O. 630-234-1665 Click Here
Friday November 10— Sunday November 12	REGION 5 OF OVEREATERS ANONYMOUS FALL ASSEMBLY Hilton Indianapolis Hotel & Suites, Indianapolis, IN. Visitors are always welcome. If you plan to visit, please register by November 2nd. There is no charge for visitors to register unless they wish to join us for the Saturday Luncheon, which must be prepaid (\$25). Visitor's that will be joining us for lunch will need to register by November 2nd. Visitors are also welcome to register (without lunch) as walk-ins. Representatives may register for \$45 through November 2nd, though there will be an early bird price of \$40 for those who register by October 15th. Representative registrations will not be accepted after November 2nd. The option for those who want to attend, but are not registered by November 2nd is to come as a visitor walk-in. Click Here
Saturday, November 18 1:00 pm—4:00 PM	COPING THROUGHOUT THE HOLIDAY SEASON Presented by Burr Ridge Saturday 8 am Meeting Edwards Elmhurst Hospital 155 E. Brush Hill Rd, Elmhurst, IL Oak Room—lower level—park in Green parking Lot For Information call Chris K. 708-579-0656 Click Here
Saturday, November 18 All Day	IDEA DAY (International Day Experiencing Abstinence) Celebrated the third Saturday in November, this day encourages OA members worldwide to begin or reaffirm their abstinence from compulsive overeating.

WANT TO SEE YOUR GROUP'S EVENT LISTED HERE? SEND YOUR FLYER OR INFORMATION TO
MSBUTTERFLYER@YAHOO.COM

**BREAKING THE CHAINS OF COMPULSIVE EATING:
FREEDOM FROM BONDAGE**

**SATURDAY
OCTOBER 7, 2017 1-4 PM**

*Speakers * Panel * Group Sharing * Fellowship * Raffle

Family and Friends welcome

Donation of an individual item or basket for our raffle is appreciated.

Suggested Donation \$5

Vernon Township Building

2900 North Main Street Buffalo Grove, Illinois

DIRECTIONS:

From Chicago/Indiana area on I-294 northbound /I-94 westbound:

Exit at Highway 22 (Half Day Road) and turn left

Take Highway 22 west for 3.4 miles.

Turn right on Main Street.

The Vernon Township Building will be on the left in 0.4 miles.

From Milwaukee area on I-94 eastbound:

Exit at Highway 22 (Half Day Road) and turn right.

Take Highway 22 west for 3.6 miles.

Turn right on Main Street.

The Vernon Township Building will be on the left in 0.4 miles.

From Rockford area on I-90 eastbound, and

From Southwest suburbs on I-290 westbound /I-355 northbound:

Exit at Highway 53 and go north for 7.3 miles.

Exit at Lake Cook Road and go east for 2.8 miles.

Turn left onto Buffalo Grove Road and go north for 4 miles.

Turn right onto Main Street.

The Vernon Township Building will be on the right in 0.2 miles.

FOR MORE INFORMATION

Deanne B. 224-839-0888

ddhope12@aol.com

Worldwide OA website: www.oa.org OA Region 5 website: www.region5oa.org

Suburban North Intergroup phone: 855-632-6039

The Suburban North Intergroup (SNI) meets monthly. Visitors are welcome

53¹⁰² Raupp Blvd., Buffalo Grove, IL 60089

Overeaters Anonymous Workshop
Keep Coming Back
Coping Throughout the



Holiday Season
Saturday, November 18, 2017

1-4 p.m.

Elmhurst Memorial Hospital

155 E. Brush Hill Road,

Elmhurst, IL

Oak Room – lower level

Park in the green parking lot.

Suggested Donation: \$5.00

**Members share their experience,
strength and hope. Please join us for the
Sharing and the Fellowship**

For more information call:

Chris K. 708-479-0656

Sponsored by:

CHI-WIF and the Burr Ridge Saturday 8 a.m. meeting

*Did you know this day is also IDEA (International Day of
Experiencing Abstinence) Day in OA?*

Relapse Prevention Workshop

**Saturday
October 28th
1:00-4:00pm**

**The Yellow Box
1635 EMERSON LN.
Room 2A
NAPERVILLE, IL 60540**



Suggested Donation \$5

Co-Sponsored by
Chi-Wif & Monday
night Naperville
meeting

Contact: Julie O.
630-234-1655



♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 08/2017**
(Closed—Means Only Open to People with Food Obsessions—No Visitors)

When	City	Where	Type of Meeting	Contact	Group #
Sunday 5:00 PM - 6:00 PM	Batavia	Fox Valley Unity Church— 230 Webster Street at Van Buren St	Literature Meeting (Closed)	Marla (630) 202-4545	(013-30514)
Sunday 7:00 PM - 8:00 PM	LaGrange	First Congregational Church— 100 South 6th Avenue at Cossitt	Big Book Study (Closed)	Sheila S. (630) 747-1001	(013-50044)
Sunday 7:00PM—8:00 PM	Oak Park ♥	Good Shepherd Lutheran Church 611 Randolph Street (New Listing)	OA 12&12 (Closed) Candlelight Meeting	Sara S. (708) 204-8893	(013-40019)
Monday 10:00 AM - 11:30 AM	DeKalb	Senior Center 409 S Grove	Format Varies (Closed)	Joan (815) 899-8960	(013-45133)
Monday 7pm-8pm	Wheaton	St Paul Church 515 South Wheaton Ave	OA Literature (Closed)	Kim (630) 858-6295	(013-50466)
Monday 7:30 PM - 8:30 PM	Naperville	The Community Church (Yellow Box) 1635 Emerson Lane	Format Varies (Closed) <i>Open Mtg on the 3rd Mon.</i>	Julie O. (630) 234-1655	(013-04500)
Tuesday Noon - 1:00 PM	Naperville	Compass Church, 1551 Hobson Road at College/Wehrli Room S101	Varies (Closed) — <i>Open Mtg on the 5th Tues.</i>	Marilyn (630) 416-3723	(013-39620)
Tuesday 5:30 PM - 6:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Step Study (Closed)	Sindee (630) 968-6328	(013-35752)
Tuesday 7:00 PM - 8:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Open to All Back to Basics	Belle S. (630) 747-7669	(013-51048)
Tuesday 7:00 PM - 8:00 PM	Riverside ♥	Sts Peter & Paul Lutheran Evangelical Church 250 Woodside Rd. (Enter off 31st—Upstairs)	Format Varies (Closed)	Katie H. (630) 864-7419	(013-52223)
Tuesday 7:00 PM - 8:00 PM	St. Charles	Hosanna Lutheran Church Red Gate Rd & Randall Rd	Format Varies (Closed)	Debbie (847) 695-2181	(013-21464)
Wednesday 9:30 AM - 11:00 AM	Aurora	Our Lady of Good Counsel St. Francis Center, 620 S. Fifth Street	Format Varies (Closed)	Diane K. (630) 816.2288	(013-08909)
Thursday 10:00 - 11:00 AM	Wheaton	St. Paul Lutheran Church 515 S Wheaton Avenue at Evergreen Street	Format Varies (Closed)	Kim S. (630) 858-6295	(013-00804)
Thursday Noon - 1:00 PM	Downers Grove	St. Luke's Presbyterian Church 3910 Highland Avenue at 39th Street	OA 12 & 12 (Closed)		(013-47257)
Thursday 7:00 PM - 8:00 PM	Aurora	Mercy Center Hospital, McDermott Room 1325 N Highland, Aurora	Format Varies (Closed)	Jim M. (708) 309-4661	(013-35368)
Thursday 7:30 PM - 8:30 PM	Downers Grove	St. Luke's United Presbyterian Church 910 Highland Avenue at 39th Street Call first. This meeting may no longer meet.	Format Varies—(Closed) <i>Open Mtg on the 5th Thurs- day.</i>	Ken (630)434-8438	(013-04530)
Friday 7:00AM - 8:00AM	Oak Park ♥	Good Shepherd Lutheran Church—Back Door 611 Randolph (3 blocks E of Oak Park Ave)	Format Varies (Closed)	Mary Lou (708) 343-8360	(013-46432)
Friday 9:00 AM - 10:30 AM	LaGrange	First Congregational Church 100 South 6th Avenue at Cossitt	Format Varies (Closed)	Jane K. at (708) 579-1785	(013-20655)
Friday 5:30 PM-6:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Big Book (Closed) Speaker 4th Fri of the Month	Sindee (630) 968-6328	(013-00937)
Friday 6:30 PM—7:30 PM	Naperville	Unity In Naperville - Note New Time 1600 Shore Rd Unit C	Big Book & Step 11 Prayer and Meditation Focus (Closed)	Sharon (630)404-5882	(013 -54526)

♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 08/2017**
(Closed—Means Only Open to People with Food Obsessions—No Visitors)

When	City	Where	Type of Meeting	Contact	Group #
Saturday 8:00 AM - 9:00 AM	Burr Ridge	Burr Ridge United Church of Christ NW Corner of County Line & Plainfield Roads	Format varies (Closed)	Chris K. (708) 579-0656	(013-38938)
Saturday 8:30 AM - 9:30 AM	Roselle	Trinity Lutheran Church 405 W Rush Street, Conference Room 119	Big Book, Steps (Open)	Liz B. (636) 346-3829	(013-36157)
Saturday 9:00 AM - 10:00 AM	Winfield	St. John the Baptist Church 0S233 Church Street Building in Back of Church	Format Varies (Closed) Open Mtg. 5th Sat.	Dan V. (630) 244-2415	(013-39585)
Saturday 9:00 AM - 10:00 AM	River Forest	Grace Lutheran Church 7401 West Division (Learning Center)	OA 12 & 12 (Closed)	Kathleen (708) 408-5702	(013-35325)
Saturday 10:00 AM - 11:00 AM	Darien	Lord of Life Lutheran Church 725 75th Street	Format Varies (Closed) — <i>Open Mtg 5th Sat.</i>	Amber M (312)-929-6408	(013-24782)
Saturday 10:15 AM - 11:30 AM	Elmhurst	Epiphany Evangelical Lutheran Church 314 W Vallette St (Spring & Vallette) 1st Room from Parking lot	Format Varies (Closed — <i>Open Mtg on the 5th Sat.</i>	Laura W (708) 284-6247	(013-32222)
Saturday 11:00 AM-12:00 PM NEW MEETING	Dekalb	Alamo Club 312 E. Taylor St	Literature Study (Closed)	Scot (407) 913-1902	(013-54618)



7th Tradition Support OA the 60/30/10 Way!

Percent	Service Body	Address	CHI-WIF INTERGROUP NUMBER IS 013-09168
60%	Intergroup*	CHI-WIF Treasurer PO Box 4419 Lisle, IL 60532	CHI-WIF CONTRIBUTION FORM Click Here *We no longer mail receipts Send a self addressed stamped envelope or email address.)
30%	World Service*	World Service Office PO Box 44020 Rio Rancho, NM 87174-4020	WORLD SERVICE CONTRIBUTION FORM Click Here for mail in form Click Here for on-line contribution
10%	Region*	Region 5 Treasurer PO Box 1087 Lombard, IL 60148-2375 (New Address)	REGION 5 CONTRIBUTION FORM Click Here (New form—We no longer mail receipts.. Send a self addressed stamped envelope or email address.)

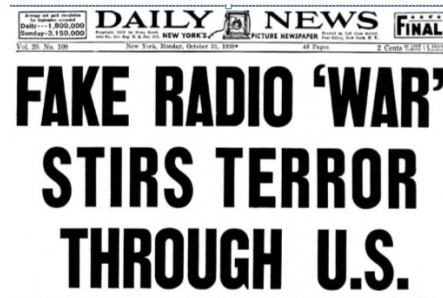
*Include full meeting information with your payment



October 5, 2017
Do Something Nice Day



October 19, 2017
Evaluate Your Life Day



October 30, 1938
War of the Worlds radio broadcast