



An OA and CSSI Sponsored Event

Body Image Workshop

Saturday

AUGUST 15

Bring a lunch!

10:00 am to 1:00 pm

Registration starts at 9:45 am

Palos Heights Christian Reformed Church

7059 W 127th St, Palos Heights, IL,

60463

\$5 donation suggested

Hosted by the Friday OA Palos Heights Meeting

This workshop is OPEN! Bring a friend!

**Questions? Call or Text Michelle H. at 815-341-0664 OR
Nancy G. at 708-288-1291**