

*The Darien Tuesday 5:30pm
OA Meeting Presents:*

An Overeaters Anonymous

Action Plan

WORKSHOP



**Saturday
April 18, 2026
9:30 am - 1 pm**

Schedule:

Check-In & Fellowship

9:30 am – 10:00 am

Workshop Sessions 1 & 2

10:00 am – 11:45 am

LUNCH BREAK

11:45 am – 12:15 pm

Session 3 & Closing

12:15 pm – 1:00 pm

**Bring Your
Own Sack
Lunch**

Location: Lord of Life Lutheran Church
725 75th St, Darien, IL 60561

7th Tradition: \$5 *Suggested Donation*

Questions: Contact Sindee
630-992-6328 or sinart333@gmail.com