

Please join us on Unity Day, 2026

TOUGH QUESTIONS IN OA RECOVERY WORKSHOP

Saturday, February 28th, 2026
12 to 2:00 PM ET

This workshop emphasizes OA's
commitment that everyone is
welcomed at our meetings.

We find that such an honest look at ourselves
helps to enhance our recovery and better enable
us to carry the message of spiritual growth."

Presented by the Virtual Region Workshop Committee

TOPICS WILL INCLUDE:

What is an outside issue?

In OA meetings, why is there a need to discuss how social issues
and current events affect our compulsive eating?

What is the purpose of Specific Focus meetings?

This workshop will be offered in English, and interpreted into
Spanish, Portuguese, Greek, and French..Additional languages may
be available via translated captions in Zoom.

Zoom ID 813 2949 0352 • password 121212

contact: 12Stepwithin@oavirtualregion.org