### Present

Cathy, Saturday 9 a.m. River Forest & PIPO Outreach C.J. M, Saturday Morning Friends in Recovery & Treasurer Chris, Oak Park 7:00 pm Saturday Dave, Burr Ridge Saturday 8:00 am Evelyn, Naperville 7:30 p.m. Monday Gerri M., Vice Chair Laura W., Elmhurst Sat a.m. & Chair Lori d., Riverside & Zoom Administrator Pate "Paddy" C., Tues Night Lord of Life Darien Peggy I., Saturday Morning Friends in Recovery & Scribe Rich, Burr Ridge Saturday 8:00 am In Person

**Mission Statement**—The Chi-Wif Intergroup supports Overeaters Anonymous groups in our area to carry the message of abstinence and recovery to compulsive overeaters via the Twelve Steps of OA.

## **Spiritual Principles**

Step 11—Perseverance Tradition 11—Neutrality Concept 11—Clarity

- I. Welcome/Serenity Prayer/Introductions
- II. Officers' Reports
  - a. Scribe's Report—Peggy I

August 2023—Missing September 2023—As Amended

Upon a motion made, seconded, and carried, the month Scribe's reported was accepted as indicated above.

# b. Treasurer's Report—Gerri

	September 2023			
Cash Balance	Cash Balances, Receipts and Disbursement			
Opening Balance	\$ 8 <i>,</i> 963.78			
Receipts-7 <sup>th</sup> Tradition	627.80			
Sub-total	9 <i>,</i> 591.58			
Disbursements				
Region 5 Contribution	225.00			
WSO Contribution	450.00			
Total Funds	8 <i>,</i> 916.58			
Prudent Reserves	(1,500.00)			
Website Reserves	(3,520.00)			
Operating Funds	\$3,896.58			

October 2023 Cash Balances, Receipts and Disbursements				
Receipts-7 <sup>th</sup> Tradition	739.00			
Sub-total	9,655.58			
Disbursements				
Startups, Wkshps, Misc	(75.25)			
Total Funds	9,580.33			
Prudent Reserves	(1,500.00)			
Website Reserves	(3,740.00)			
Operating Funds	\$4,340.33			

Group Contributions 2023					
Group #	Location	Day	Time	September	
08909	Aurora	Wednesday	9:30 a.m.	\$ 170.00	
35325	River Forest	Saturday	9:00 a.m.	45.00	
89823	Zoom	Monday	7:30 p.m.	90.00	
51048	Zoom Bk/Basics	Wednesday	6:30 p.m.	322.80	
Total				\$ 627.80	

Group Contributions 2023					
Group #	Location	Day	Time	October	
04500	Ylw Bx Naperville	Monday	7:00 p.m.	\$ 390.00	
36157	Roselle	Saturday	8:30 a.m.	198.00	
Promises '	mises Workship September 7 <sup>th</sup>		151.00		
Total				\$ 739.00	

A question was asked about the nature of the Website Reserves. Our website is so old it needs to be redone versus updated. The ballpark estimate for this is \$4,000. We have been putting money aside monthly to implement this.

Upon a motion made, seconded, and carried, the month Treasurer's report was accepted as Amended.

## III. Committee Reports a. Bylaws—Laura W, Chair

Laura presented new Standing Rules. Upon a motion made, seconded, and carried, the Rules were adopted as presented.

## b. Public Information/Professional Outreach—Cathy L, Chair

No report

# c. 12<sup>th</sup> Step With in—Evelyn, Chair

Representative Work: Evelyn went to the Region 5 Assembly. There was low attendance, with 27 total participants, of whom 19 were representatives. At the Friday night sharing, there was a lot of talk about intergroup burnout.

12<sup>th</sup> Step Within: There has traditionally been a January Abstinence Workshop, but another group is already doing one. The committee is contemplating a February workshop on another subject. There is a group interested in hosting. The committee would help them.

## d. Butterflyer-Gerri M., Chair

No report

## e. Zoom Rep-Lori D, Chair

- Avatars—If someone uses an avatar, you cannot stop them, only ask them to stop, put them in the waiting room, or boot them.
- Artificial intelligence, notes features—bad for anonymity. Not used in meetings on intergroup accounts.

- Winter holidays means kids with time on their hands who are security risks. Pin newcomers to the first screen by using the menu of the three dots on the upper right-hand corner.
- The feature "Suspend Participants Activity" shuts down everyone and everything in the room, except for hosts.

## IV. Unfinished Business

a. Members willing to visit meetings to invite people to come to Intergroup meetings

Evelyn, Lori, Paddy and Toni have offered. A script for these visits has been discussed but not developed.

- b. Bylaws Review by Barb, District 5 Rep Laura has provided the latest Bylaws and Standing Rules to Barb for review via email in September.
- c. Fall Workshop Report
- V. New Business
  - a. Logo Approval Received
  - b. Region 5 Fall Assembly—October 27-29, 2023—Edinburgh, Indiana Delegate Report

Evelyn gave her report with her committee report. CJ reminded the board that additional information was available at Region5OA.org, and that anyone can attend an assembly as a guest.

c. World Service Business Conference Delegate for 2024

Upon a motion duly made, seconded, and carried, Evelyn was elected to serve as the Chi-wif delegate.

**d. Proposal for Revision of the Mission Statement** This was tabled for next month.

### e. Proposed amendment to the By-laws

Upon a motion duly made, seconded, and carried, the following revision to the by-laws will be presented to the meetings for ratification. The section <u>underlined</u> will be added to the existing language.

Article VI-Meetings, Section 5

Two Intergroup Officers and at least one other voting member who is not an officer of the Intergroup shall constitute a quorum of all proceedings of the Intergroup. A simple majority shall govern voting purposes. <u>When the Intergroup will not have two (2) Officers</u> <u>available for more then one (1) month, the Intergroup may vote to</u> <u>suspend the two (2) Officer requirement and may conduct business</u> <u>provided at least on (1) Officer and one voting member who is not an</u> <u>officer is present.</u>

## f. Resignation of CJ M as Chair

CJ is stepping down as Chair. No one is able to step forward who can meet the requirements for an officer. Paddy offered to act as Interim Chair, until someone can be found who meets the Officer requirements. Lori d volunteered to be Vice Chair. With this solution is place, and upon a motion duly made, seconded, and carried, the Proposed Amendment to the Bylaws was rescinded.

## VI. Closing with the OA Promise at 11:38 a.m.

#### VII. Next IG Meeting—Saturday, December 16, 2023