

**CHI-WIF Intergroup
Business Meeting
September 16, 2023**

Present

CJ M, Chair
Evelyn, 7:30 p.m. Monday Zoom & 12th Step Within Chair
Dave, Burr Ridge Saturday 8:00 a.m.
Paddy C., Tuesday Late Afternoon, Lord of Life, Darien
Chris, Oak Park 7:00 pm Sunday
Lucy, Monday night 7:30 p.m. Naperville Yellow Box Church
Cathy, Saturday 9 a.m. River Forest & PIPO Outreach
Laura W., Elmhurst Sat10:15 a.m.
Lori d., Tuesday Riverside & Zoom Administrator
Gerri M., Treasurer
Toni B., Geneva

Mission Statement—The Chi-Wif Intergroup supports Overeaters Anonymous groups in our area to carry the message of abstinence and recovery to compulsive overeaters via the Twelve Steps of OA.

Spiritual Principles

Step 9—Loving Kindness
Tradition 9—Structure
Concept 9—Ability

- I. **Welcome/Serenity Prayer/Introductions**
- II. **Officers' Reports**
 - a. **Secretary's Report—Peggy I not present – family emergency**
No report

- b. **Treasurer's Report— Gerri M**
Restating the July Treasurer's Report – addition problem with budget. She will resend report.
August Treasurer's report – No deposits in June or July

Cash Balances, Receipts and Disbursements

Opening Balance	\$ 7,788.98
Receipts-7 th Tradition	<u>\$1,174.80</u>
Sub-total	\$8,963.78
Disbursements	
Region 5 Contribution	(\$.00)

**CHI-WIF Intergroup
Business Meeting
September 16, 2023**

Total Funds	\$8,963.78
Prudent Reserves	(\$1,500.00)
Website Reserves	(3,300.00)
Operating Funds	\$4,163.78

Group Contributions 2022				
Group #	Location	Day	Time	April
32222	Elmhurst	Saturday	10:15 am	\$240.00
36157	Roselle	Saturday	8:30 am	180.00
50044	La Grange	Sunday	7:00 pm	132.00
89078	Online 8 a.m.	Saturday	8:00 am	129.00
04500	Naperville	Monday	7:00 pm	363.00
20655	La Grange	Friday	9:00 am	130.80
Total				\$1,174.80

No checks written.

Website update goal is \$4,000 as a rough estimate.

Question about distribution of 7th Tradition.

CJ gave the wrong distribution – It should be 60% to CHI-WIF IG and 30% to WSO and 10% to Region 5.

CJ will send addresses and email to Toni to forward to treasurer of her group.

WSO and Region 5 7th Tradition distribution is coming up next month.

III. Committee Reports

a. Bylaws - Laura

Not ready to make any changes. Laura, CJ, Gerri and Evelyn will work on updating the Standing Rules. Gerri sent a proposal for review. This group will meet and have discussion to propose changes to the group.

**CHI-WIF Intergroup
Business Meeting
September 16, 2023**

Gerri sent our bylaws to Barb, R5 Trustee Liaison, for review. No final decision. Our bylaws are from 2012.

b. Public Information/Professional Outreach—Cathy L, Chair

Cathy took a road trip to Cleveland and took posters but was not able to put any up because rest area bulletin boards are glass enclosed. She will be taking them on her next trip also.

c. 12th Step With in—Evelyn, Chair

Evelyn said focus right now is on workshop on Saturday, September 30th from 1-4 pm in person and on zoom. Another meeting of the planning committee will be held on Monday at 6:45 on zoom to wrap up details. Begins with panel of 5 talking about Ps of recovery. Sharing and word scramble are part of the plan. There are about 40 people registered now.

Also trying to get the word out about the OA.org document library of what is available there on a wide variety of topics.

Visiting member meetings will help spread the message. Service speeds recovery.

d. Butterflyer—Gerri M., Chair

Butterflyer went out in August with links to events and flyers. If people want to send their event to her she can get them on the website.

e. Zoom Rep—Lori D, Chair

Zoom has had quite a few updates lately. Extra stuff is added to the bottom of the screen that may not be needed. If you don't see chat or participants at the bottom, they will be under more. Turn off the new stuff as it is a security threat for us. Some people are coming into the

**CHI-WIF Intergroup
Business Meeting
September 16, 2023**

meetings using the avatars. You may want to tell people not to use those as intruders can come in using those and hide behind them. They are a security risk so say not to their use. Keep up with the updates. The latest version is 5.14.

Thanks to Lori for all the work she did for the Region 5 convention. Great tech work and organizing!

IV. Old Business

Visiting meetings to invite them to IG.

CJ is happy to go to virtual meetings. Who else is willing to go to the other meetings? Evelyn would like to go to in-person meetings. She will attend the Naperville meeting next Monday.

Lori can go to zoom meetings.

Paddy will go to in-person meetings – what do meetings need – how do we make sure we are giving the right amount of money – how to meetings interact with each other – help them to understand what IG is – you can pay with Zelle – can we make it simple?

Toni will go to Batavia meeting and she can go on zoom meetings also. We should provide a paper they can use to share information that will be helpful. Information to each meeting should be uniform throughout all the meetings.

Encourage people to do service and get involved so we can grow IG. Perhaps go to individuals to ask for help also. Sponsors encouraging service.

Bylaws review and the structure of the bylaws – small group first to review Standing Rules and bring proposal to IG

Workshop – Evelyn – Come and spread the work about it. Share flyer and register and then the zoom link will be provided the day before.

Region 5 Convention recap

Almost 200 people registered – 115 or more attended. Full participation - Speakers were great and panels and sharing. It turned out to be wonderful – Video for Cleveland in 2024 – Proud of the little group that pulled together to put a convention on when no IG stepped up to host the convention.

**CHI-WIF Intergroup
Business Meeting
September 16, 2023**

Every committee meeting the issues came up and it all came together in the end and was wonderful. Evelyn “volentold” to be moderator and the script was provided and she was able fulfill that position.

V. New Business

- a. Renew logo – CJ will do this.
- b. Rep to Region 5 Assembly – Evelyn elected for 2 year service as IG rep to Region 5 and WSO. Evelyn will register for the Region 5 Assembly.
- c. CJ will not be available for the October meeting. Gerri will lead. CJ will send the agenda to Gerri and Laura.
- d. There was a zoom bomber at the Region 5 Sunday morning 8 a.m. Coffee & Recovery meeting so the zoom password has changed.
- e. Gerri would like to propose that we change the Mission Statement to change “compulsive overeaters” to “compulsive eaters.” This will be discussed at the October meeting.
- f. Evelyn’s term as rep for her meeting is ending and a new member will be the rep for her meeting, but each meeting can have 2 reps, so she will check with her meeting to be sure she can carry on as the rep. Standing Rules also say that committee chairs can be group rep.
- g. Gerri asked if Evelyn can be a Region 5 rep if she is not a meeting rep? Region 5 rules would determine if this is ok.

VI. Closing with OA Promise 10:54 a.m.

VII. Next IG Meeting—Saturday, October 21, 2023 at 10:00 a.m. via zoom