

Overeaters Anonymous

Workshop on the Twelve Steps

A 15-session workshop designed to help participants achieve and maintain abstinence through working all Twelve Steps

February 24 – June 2, 2022
Thursdays, 7:00 p.m. to 9:00 p.m. Central Time
February 24th is the Introductory Session

The following OA -approved literature will be used in the workshop sessions and homework assignments:

- [*Participant Guide for Twelve Step Workshop and Study Guide*](#) (Required)
- *The Twelve Steps and Twelve Traditions of Overeaters Anonymous, 2nd Edition*
- *Alcoholics Anonymous, Fourth Edition (the Big Book)*
- *Twelve Steps and Twelve Traditions* by Alcoholics Anonymous
- *Overeaters Anonymous, 3rd Edition*
- *Voices of Recovery*
- *For Today*

This workshop will be conducted via zoom.

[Click here for the link](#)

To Register or Questions: Contact Dawn: dawnrocks@sbcglobal.net

Participants must register. Plan to attend and participate in all sessions.

A 7th tradition is appreciated. Give as much as you feel you are able. Remember even a quarter shows you are contributing.

Send your donation to: CHI-WIF: PO Box 4419, Lisle, IL 60532