

Lifeline Weekly

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CHECK IT OUT!
"Working All Twelve Steps,"
a new series of articles
for Lifeline in 2015

Be a Child

Have you ever tried doing Tenth Step writing upon returning home from a meeting by picking out one or two words that stuck with you and writing about them? Try it; it may make the day's work more simple. Writing is the key to my simple life. I also meditate by writing.

You who have broken your abstinence, why not get a paper and pencil and get to work? It has been said this program is not easy, but it is simple. Be a child for three weeks and write, even what you eat. Try it a day at a time. Through doing this, I have found sanity, and at times, peace of mind and serenity.

God bless you. Keep in contact with him and keep writing. It works for me.

— Lifeline, October 1966



Inspiration

It is abstinence that sustains the life-giving relationship I have with God today. I cannot allow anything to step between me and my God, and that is why abstaining is as vital to me as breathing.

— Lifeline,
March
1984

A Call To Service

Anonymous says, "Service at WSBC has strengthened my commitment to abstinence and has expanded my horizons. I have met people at conference from literally all around the world and have been inspired by longterm abstainers."

How will you serve this week?

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