

CHI-WIF Minutes – Saturday, May 18, 2019 – AMENDED AUGUST 18, 2019
Advocate Good Samaritan Hospital
Physician’s Building, Downers Grove, IL

The May 18th Chi-Wif Intergroup Meeting of Overeaters Anonymous was opened at 10 AM by our Chair, Sandy F. Introduction of those present was followed by the Serenity Prayer, after which we read Step 5 – Integrity, Tradition 5 – Purpose, followed by the Concept of Service 5 Consideration , pgs 42-45 in the OA Handbook.

Committee Reports:

Laura W. read the Treasurer’s Report; Mariana moved to accept the report and Kimberlie seconded it.

Kimberlie distributed a new handout to be inserted into everyone’s Intergroup handout **STANDING RULES FOR CHI-WIF INTERGROUP** as an update to the by-laws. Kimberlie referenced the most important one, being #46, *“Members may attend Intergroup Meetings via virtual methods phone, zoom, etc.”*

Dave inquired about availability of equipment to make this virtual meeting actually happen via phone, computer, etc. There was discussion about how the hospital could help. We had previously used the conference room phone system and a computer they had provided. More research needs to be done on other options.

Laura discussed the necessity to capture emails from meetings for the names of those responsible for the phone list and/or a main contact at the meeting that would be interested in receiving an email on upcoming events that would be sent on behalf of Public Information and Professional Outreach (PIPO) –since the Butterflifer is not currently in operation.

Regarding Butterflifer, tho, a new person has been secured to work on the Butterflifer so stay tuned on details for that to resume.

Special Events:

- July 20, 2019 All Illinois Day, First Ever!!! Decatur, IL area. Contact: oagerrim@yahoo.com
- August 9-11, 2019 Big Book Retreat, In coordination Chi-wif, SNI, Cssi and TPI IG’s. Techny Towers, 2001 Waukegan Rd., Techny, IL
- Sept 27-29, 2019 Region 5 Convention, Ride The A Train, in Milwaukee, Wi.
- Each one Reach One: Remind your groups to make outreach calls on the 12th of each month
- Remind meetings to check out new Region 5 website if you haven’t already!

Unfinished Business:

Fundraiser for Big Book Retreat:

- Discussed safety idea with beads with letters spelling acronyms (show samples next time)
- Discussed selling small rubber/plastic FROGS –Firmly Relying on God

New Business

Kimberlie distributed highlights from OA WS Business Conference – May-Albuquerque, NM

WSO selected idea birthed in Region 5 for the Forum: Each One, Reach One, Every Day – Carrying the Message of Hope.

Last issue of Lifeline will be Dec 20, 2020—any pre-paid subscriptions will be refunded. An on-line version is in discussion.

Highlights from the WSBC

Adopted/approved—book—Body Image, Relationships and Sexuality, Personal Journeys to Recovery In overeaters anonymous.

Adopted/approved – pamphlets—welcome back, suggestions for members in relapse and for those who care.

Adopted following definitions of abstinence and recovery for the benefit of the still suffering compulsive eater:

1. Abstinence—the act of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight.
2. Recovery—removal of the need to engage in compulsive eating behaviors. Spiritual, emotional and physical recovery is achieved through working and living the OA 12 step program.

The World Service Convention is held every 4 years and the next one is scheduled for August 20-22 in Orlando, Florida. The theme is “Sunshine of the Spirit: 60 Years around the Sun!”

Nomination of CHI-WIF Officers

Mariana motioned to re-elected Laura, Sandy and Kimberlie to keep their same offices. All three of these people agreed. Laura, as treasurer, agreed to keep this office for only another two-year term. Holly Babich expressed interest in taking on an office but inquired about abstinence requirements, as her abstinence is not steady. Nonetheless, she agreed to be the 'scribe' for the group. All four individuals were voted in as the following:

Sandy F – Chairman
Kimberlie – Vice-Chair
Laura – Treasurer
Holly – Scribe

This term lasts until June 1, 2020.

Sandy and Kimberlie introduced the idea of purchasing OA Sticky notes they saw at the convention. Message content on notes promotes OA as a place to help with food addiction. Laura brought up the lack of funds. Kimberlie said she would purchase from her private funds, but others could contribute \$5 to help offset the cost if they wanted to.

Discussed need for upcoming workshop that could use "Each One, Reach One...." Theme, to be scheduled in October. Holly raised her hand to take it on ad organize. Discussion took place on location of Elmhurst Hospital. Sandy said she would reach out to other Intergroups to see if anything else was planned on the calendar to avoid overlapping events. Also, discussed donations to hospital, etc. More to be discussed next meeting.

The meeting was closed at 11:30 with the OA Promise.
The next Intergroup Meeting will be held on Saturday, June 15, 2019
from 10-11:30 am.

Respectfully submitted,

Holly Babich

In attendance:

Sandy F, Chair

Laura W, Treasurer

Kimberly, Vice Chair

Dave C. Aurora, Thurs pm

Cathy, River Forest, Sat am

Mary R, Aurora, Wed AM

Mariana W, DeKalb

Holly, Scribe

Chris B, Sun Oak Park