

The Butterflyer

The March, 2018 Newsletter of **Overeaters Anonymous** for Chicago Western Intergroup Far-Out CHI-WIF. <http://www.chiwifo.org>
This literature has been locally produced by CHI-WIF IG. The content reflects the experience, strength and hope of our local members.
It is not OA Conference- or board-approved and does not represent OA as a whole.

WSBC COMMITTEES – PART 1 BYLAWS, LITERATURE, FINANCE, PI/PO

The minute we hear World Service Office (WSO) or World Service Business Conference (WSBC) we think, “That does not concern me!” But without those two service bodies THERE WOULD BE NO OVEREATERS ANONYMOUS! It does concern ME and MY recovery and MY contributions and MY literature and the safeguarding of MY Steps and My Traditions.

The WSO is an office, a building with full time employees. They are responsible to all those they serve – from Intergroups and Regions to the individual who contacts the Office with questions about relief from compulsive eating. This World Service Office is responsible to OA as a whole, which speaks through the World Service Business Conference of delegates. The World Service Office does not make policy, but it does inform and educate the Fellowship about Conference and board decisions that affect it.

The work of the WSBC has committees which involve the delegates (which we elect at you Intergroups to serve you all year long). Delegates indicate which committees they would prefer to work with when they register for WSBC. They work on committee projects throughout the year and participate in important decision making processes that affect every member of OA.

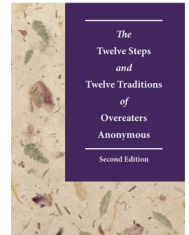
Three of the WSBC committees are Bylaws, Literature and Finance. In the Bylaws Committee reviews and proposes changes to OA Inc.’s current bylaws and policies. It advises Regions and Intergroups on forming and adopting their own bylaws. It advises the Fellowship about amendments to OA, Inc. Bylaws that affect members and groups.

The Conference-Approved Literature Committee reviews drafts for new or revised literature. It can recommend or review proposals for literature revisions and new literature. There are cycles for reviewing and revising existing literature to keep them up to date and relevant to today’s membership.

[Continued](#)

IMPORTANT NOTICE

The Twelve Steps and Twelve Traditions of Overeaters Anony- mous, Second Edition



We encourage all groups to begin using the new edition. As a service, your CHI-WIF Intergroup has a **free copy for each Group**. Please send one or two of your reps to our Intergroup meeting on March 17 or April 21 to pick up your Group copy. If you would like to **bring** an order form and money to the CHI-WIF meeting for additional books, we can order them for you for \$13.50 each. We will absorb the cost of the shipping.

Updated and improved, OA’s keystone book—the OA Twelve and Twelve, Second Edition—is now available. Created specifically as a study of the OA Twelve Step recovery program, The Twelve Steps and Twelve Traditions of Overeaters Anonymous has been revised for clarity and inclusivity—with a restructured Step Four chapter to increase usefulness. Read how, through working the Twelve Steps and studying the Twelve Traditions, members have found “physical, emotional, and spiritual healing that we don’t hesitate to call miraculous.”

UPCOMING TOPICS

April -WSBC Committees – Part 2
12 Step Within, Unity w/ Diversity, Virtual
Services, Web/Tech, Young Persons

May - Building a Foundation of Strong
Abstinence

Editorial Statement

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CHI-WIF Officers

Chair - Dave C 630-778-0226
Vice Chair - Kimberlie 630-737-0494
Secretary - Vacant
Treasurer - Laura W 708-284-6247
Editor - Gerri M 630-833-6942

Does your meeting have an IG rep?

Come and join us!

Upcoming IG Meeting

March 17, 2017

10-11:30AM

Advocate Good Samaritan Hospital
Downers Grove, IL 60515

CAFETERIA OAK ROOMS

What is Your Goliath?

By NJ

In the struggles of food obsession, we have all had obstructions to sane eating and successful living. What is your Goliath, that giant relationship with a particular food or food category or food behavior? Larger than life cellophane bag screaming for attention? Clean plate club or second portion? Lonely night with the television that demands a snack?

Whatever your Goliath, it is causing separation from God, our power source in recovery from obsession of the mind. In reflecting on Chapter Two of Alcoholics Anonymous, I draw your attention to the italics on p. 24. – lost the power of choice, willpower becomes practically non-existent, and without defense against the first drink. What does that mean to you? Hopeless, helpless, self-esteem in the gutter?

Bill goes on to tell us in the next paragraph that recall of previous consequences is totally blank. If a fuzzy sensation of “move that plate out of sight” occurs, it is over-ridden by permission to have “the smallest piece.” For the seriously addicted, we know what happens next, something like “just one more and I’ll be done.” The last few lines on the page tell us, “When this sort of thinking is fully established....he has probably placed himself beyond human aid....”

HANDY LINKS -

MEN IN OA



This year’s theme for OA is “Growing Recovery Worldwide.” To accomplish this, it is important we knock down physical, regional barriers and reach out to other regardless of location. In an effort to do this, there is an email discussion group for men. If you are a man and want to find out more, here is some helpful information.

To join the email-based Discussion Group for men in OA, email oa4men@oa-brandywine.org including your first name and last initial. Currently (Feb 17, 2018) 285 men are on the group.

To join the Outreach Phone list and make and receive phone calls with other men in OA, email oa4men@oa-brandywine.org with your first name, phone number and your time zone. Currently (Feb 17, 2018) 225 men are registered, including approximately 50 sponsors.

IMPORTANT CONTACT INFO:

OA World Service Office (505) 891-2664

Region 5 Website www.region5oa.org
OA Website www.oa.org
Chi-Wif Website www.chiwifoa.org

Addresses

CHI-WIF—PO Box 4419, Lisle, IL 60532

REGIOM 5—PO Box 1087 Lombard, IL 60148-2375



Twelfth-Step-Within— Signs of Relapse



Relapse is a condition where a compulsive overeater returns to destructive eating habits after a period of abstinence as defined by the individual. Relapse is experienced to some degree by many OAs.

Relapse often begins with the assumption that one is normal, cured, and no longer in need of the practices and knowledge that were gained in the 12 steps of the program. This may not manifest itself on a conscious level, but some of the first portents of danger are:

Using or avoiding food to smother feelings.

Avoiding meetings and other OAs.

Irritation with the program principles and tools.

Using the scale, clothes size, etc. as a measure of recovery.

The feeling of “not belonging” in OA.

Making excuses for negative behavior and denial of obvious changes in body size, i.e., “it shrank at the cleaners: it’s just water weight: the scale’s broken” (even at the doctor’s office), etc.

A feeling of mastery over self and superiority over others.

These are just some of the initial signs that the recovering compulsive overeater is on the verge of relapse. If you see yourself engaging in these attitudes or behaviors, we urge you to keep coming back to meetings to talk and to listen to others who share the same feelings. The pain of relapse is greatest in isolation and in the fear of discovering that we are not perfect. For many of us, it is also the most powerful, enduring learning experience of our recovery. One day at a time, we find our way home – Together.

If you are interested in using the tools of writing and service by contributing an article on the monthly topic, an anecdote, a poem or just simply how program has helped & is helping to improve your quality of life, please email me at: MSBUTTERFLYER@YAHOO.COM
or send by regular mail to: CHI-WIF IG PO Box 4419
Articles should be received by the third week of the month.
Gerri M, Editor

The *Butterflyer* is only available via email. If you are interested in receiving this free monthly newsletter electronically or if you did not receive your electronic subscription please send an email with the word “SUBSCRIBE” in the subject box to:
MSBUTTERFLYER@YAHOO.COM



The World Service Business Conference (WSBC) Committees – Part I Continued

The Finance Committee reviews the annual budget, and develops and suggests ideas to increase the Seventh Tradition and the contributions of special funds of the WSO. The Finance Committee keeps the Fellowship informed of financial decisions made by the Board of Trustees that affect groups and service bodies. It assists groups and service body treasurers with the performance of their duties.

Your participation in your Chi-Wif Intergroup and Region 5 is so critical to the health of Overeaters Anonymous. Without members who offer to serve on these bodies the vitality of our Fellowship will diminish. How important is OA to you? Your recovery means your life. Could you offer to do service on the meeting level and then perhaps on the Chi-Wif Intergroup? They meet once a month, on the third Saturday of the month at 10am at Good Samaritan Hospital (near the cafeteria). Think about how important OA is to you and then decide!

A Kiss For My Mother-In-Law

The frail, old dear lies peacefully upon her special, orthopaedic bed. She is totally deaf, has very limited sight in only one eye, uses a zimmer* frame and must always be accompanied as she shuffles even a very short distance. My wife is away, visiting one of our children in another country. I feel the urge to attend to my mother's-in-law toilet needs.

Repulsed by this desire my immediate re-action is to walk away. And that is exactly what I do. Leaving her in her bed I close the bedroom door and head for the kitchen. There I begin making my breakfast.

Purposefully ignoring the tiny, disappointed tendrils of unknown, unfulfilled feelings I remind myself that it's none of my business. Nobody has asked me. Nobody, absolutely nobody, expects me, or requires of me, to do this. Surely my conscience is as clear as crystal clear water on this matter. Other issues yes; but not this.

As my breakfast cooks I put on music, relaying it through the bluetooth speaker. Opera arias, my latest passion, fill the kitchen. This genre of music, a recent discovery for me, is like balm to my soul.

Throughout my life I have dismissed this 'highbrow' stuff, describing those who listen to opera as pretentious bores. Now I simply love it. Such a love, in me, can only be from my Higher Power.

Yet the simple, ever so gentle, ever so tender, urge to attend to my mother-in-law continues. Indecisiveness and lack of a sense of self worth have been hallmarks of my whole life, continuing right through my recovery in OA.

Now, once more, I yo-yo: will I; won't I; will I; won't I? Back and forth goes this incessant tennis match of self-doubt; the force of each return lobby further impaling my shaky morale.

Finally, wanting to bring an end to this odious game, I decide to act. Ignoring or dismissing these feelings is not working. Going back to my mother's-in-law bedroom, I rub my hands vigourously. She will scream if my cold hands touch her sensitive skin.....

To be continued in our next issue —

*A zimmer is a walker for our US Readers

SERVICE IS YOUR RESPONSIBILITY

IT'S TIME TO STEP UP

50 Ways You Can Help Yourself and Others



There are so many ways for you to give service in OA. Pay forward all you have so freely received. Not all forms of service require years of commitment or abstinence. Will service make you abstinent? No, unfortunately, it is not a magic cure but it is one of the Tools you can use along with working the steps. Any form of service that helps reach fellow sufferer adds to the quality of our own recovery though.

Members can give service at the Group meeting level. Ask about the abstinence requirements. The next level of service is at the Intergroup. To be a Meeting Rep or Committee Chair at our Intergroup, there is no abstinence requirement, although Officers do have a one-year abstinence and attendance requirement. Ready for more? You can become a Region representative or Conference delegate. These positions do require abstinence and service. Remember, as OA's responsibility pledge states, "Always to extend the hand and heart of OA to all who share my compulsion; for this, I am responsible."

We put together 50 ways to give service. Pick at least two or three and get started. You owe it to yourself. Have more ways, please share them with us. A hundred sounds like a good number. ☺

- | | | |
|------------------------------------|-------------------------------------|--|
| 1. Abstinence | 19. Intergroup Secretary | 37. Region Secretary |
| 2. Attending Conventions | 20. Intergroup Vice Chair | 38. Region Treasurer |
| 3. Attending Meetings | 21. Intergroup Web Maintenance | 39. Region Vice-Chair |
| 4. Become a Speaker | 22. Lifeline Rep | 40. Setup for Meeting |
| 5. Clean up | 23. Literature Chair | 41. Speak Up when OA Guidelines are not being followed |
| 6. Convention Committee | 24. Maintain Group Contact List | 42. Special Events |
| 7. Designated Downloader | 25. Newsletter Editor | 43. Sponsorship |
| 8. General Service Trustee | 26. Obtain Speakers | 44. Talk to Newcomers |
| 9. Greeter | 27. Offer Transportation | 45. Translator |
| 10. Group Bylaws or Standing Rules | 28. Outreach Calls | 46. Twelfth Step Within Committee |
| 11. Group Contact | 29. Professional Information | 47. Workshop Committee |
| 12. Group Secretary | 30. Program Chair | 48. World Service Delegate |
| 13. Group Treasurer | 31. Provide Safekeeping for Records | 49. World Service Trustee |
| 14. Group Web Maintenance | 32. Public Outreach | 50. Write Articles |
| 15. Intergroup Bylaws | 33. Put up Posters | |
| 16. Intergroup Chair | 34. Region Chair | |
| 17. Intergroup Newsletter | 35. Region Delegate | |
| 18. Intergroup Rep | 36. Region Media Committee | |

Attracting Notice through Print Media

As a group representative to CHI-WIF inter-group I have heard many other reps talk about their attendance waning at their meetings. This Intergroup alone has had 3 meetings close in the past year. As part of the outreach committee, I thought it would be helpful to give groups verbiage to help them advertise their meetings.

The following is taken directly from OA's Public Information Service Manual so is OA approved.

"Most daily and weekly papers have a free community calendar, a section for community meetings or classified advertisements. Be sure to send the notice to the appropriate department and include a meeting contact name when possible. Publishers may require that ad copy be sent in weekly, usually by email. Length is usually limited to a specified number of words or lines. Many groups prepare a month's worth of notices in advance and send one each week on the same day.

Sample classified advertising copy

30 words: Do you worry about the way you eat? Overeaters Anonymous may have the answer for you. No weigh-ins dues or fees. Call (contact name and number) for a meeting location in your neighborhood or visit oa.org.

25 words: If food rules your life, call Overeaters Anonymous. No dues, fees, or weigh-ins. Call (contact name and number) or visit oa.org.

15 words: OVEREATERS ANONYMOUS. No dues, fees, or requirements for membership. Call (contact name and number) or visit oa.org.

If more space is allowed, here is a more detailed way to list your group:

Is your life a constant struggle with food, shape and weight? There is a way out: OVEREATERS ANONYMOUS. No dues, no fees. Not a diet club. Visit oa.org to find out more. Meeting information (Day, date, time, location, contact person, phone)."

Although the traditions tell us that OA is a program of attraction not promotion: we also need to carry the message of recovery to compulsive eaters who still suffer. I hope this information is helpful. Feel free to contact me if you need further information.

Yours in OA, Sara S. 708/204-8893

ASK MS BUTTERFLYER



Question: During our meeting, we have someone who is always writing things down during our sharing time. This makes me uncomfortable. I feel like our anonymity is being violated.

Answer: I understand why you feel that way. The member may simply have been inspired by something that was said or may be jotting notes about what s(he) wants to share.

Taking notes during meetings is not against our Traditions. Our First Tradition states, "Our common welfare should come first;" that does not mean my common welfare (or any individual's). It might be a good idea to bring this issue up in a group-conscience context at a business meeting. As always in our program, everyone has a voice—and the majority decides.

Submit your questions to
MSButterflyer@yahoo.com

OA COMPUTER LINKS



VISIT THE CHIWIF WEBSITE <http://www.chiwifo.org/>

[Click Here](#)



Chicago Western Intergroup Far-Out
CHI-WIF

PROFESSIONAL COMMUNITY COURIER

[Click Here](#)

<https://https://oa.org/newcomers/for-the-professional/>

PROFESSIONAL COMMUNITY

COURIER

REGION 5 WEBSITE <http://region5oa.org>

[Click Here](#)



REGION 5 OF OVEREATERS ANONYMOUS

FREEDOM FROM BONDAGE—Region 5 November, 2017 (Published 2X a Year)

[Click Here](#)

FREEDOM FROM BONDAGE

OVEREATERS ANONYMOUS REGION 5



http://www.region5oa.org/wp-content/uploads/2017/12/FreedomFromBondage2017.11_Printable.pdf

A STEP AHEAD NEWSLETTER—4th Quarter 2017 <https://oa.org/fourth-quarter-step-ahead-now-online/>

[Click Here](#)

A Step Ahead

BUTTERFLYER—Past Issues <http://www.chiwifo.org/butterflyer-newsletter/>

[Click Here](#)

The Butterflyer

VISIT THE OA WEBSITE <https://oa.org/>

[Click Here](#)



OA Virtual News— 3rd Quarter Newsletter

[Click Here](#)



Virtual Services Committee

OA VIRTUAL NEWS

<http://www.oavirtualservices.org/>

MEETINGS—Location, Days, & Times (To find all meetings in our Intergroup, use 09168 for the Intergroup number for CHIWIF) <https://oa.org/find-a-meeting/>

[Click Here](#)

UPCOMING EVENTS

Thursdays in March 7:00 pm—8:30 pm	BACK TO BASICS New Location St. Alexander's Church (Moved from Darien) 7025 W. 126th Street, Mobile Unit #1 Palos Heights Contact: Belle6340@aol.com or call 640-747-7669 Click Here
Saturday, March 10, 10:00am—11:30am	CHIWIF INTERGROUP MEETING Advocate Good Samaritan Hospital Downers Grove, IL Cafeteria Oak Rooms
Monday, April 16 10:00am—11:30am	ACTION IS THE MAGIC WORD 3 speakers tell their stories of Recovery from Food Obsession Open to all Mokena Library 11327 W. 195th St. (West of Wolf Road) Contact information: Laurie @ 708-289-4819 Click Here
Saturday, May 5 9:30am—12:00pm	SOUGHT THROUGH PRAYER AND MEDITATION... Eleventh Step Workshop Presented by Chicago South Suburban Intergroup (CSSI) St Francis of Assisi Church Hall (lower level), 15050 So. Wolf Road, Orland Park, Illinois Registration begins at 9:00 am Click Here
Friday—Sunday May 18-20, 2018 Early Registration Ends December 1, 2017	FINDING PEACE RETREAT What is the Problem and What Does Food Have to Do with it? Sponsored by Wheeling Thursday and Northbrook Saturday Meetings Techny Towers Retreat Center, 2001 Waukegan Road, Techny, IL Contact: Carol G 847-644-5986 caroldick5042@aol.com or Betty S 847-309-8057 bettysol24@gmail.com or Penny N 847-533-7244 dpnaal@comcast.net

WANT TO SEE YOUR GROUP'S EVENT LISTED HERE? SEND YOUR FLYER OR INFORMATION TO
MSBUTTERFLYER@YAHOO.COM

O.A.
BACK TO BASICS

is moving

to

THURSDAY

Starting January 4th, 2018

7:00 - 8:30 p.m.

NEW LOCATION

is

St. Alexander's Church

7025 W. 126th Street

Palos Heights 60463

Mobile Unit # 1

E-mail Belle for info: belle6340@aol.com

Or call 630-747-7669

Take Harlem to 126th St.

Turn East -- Follow bending road to Stop Sign. -- Turn Left

--Park anywhere

(follow sidewalk South of buildings to mobile units)

OVEREATERS ANONYMOUS OPEN MEETING

ALL ARE WELCOME

Action is the Magic Word

*3 speakers tell their stories of
Recovery from Food Obsession*

**Mokena Library 11327 W. 195th St.
(West of Wolf Road)**

Monday, April 16, 2018 – 10:00 to 11:30 A.M.

Contact information: Laurie @ 708-289-4819



SOUGHT THROUGH PRAYER AND MEDITATION...

CHICAGO SOUTH SUBURBAN INTERGROUP (CSSI)

ELEVENTH STEP WORKSHOP

Hosted by Wednesday Morning O.A. Group of Orland Park

When: Saturday May 5, 2018

Time: Registration 9:00 a.m. workshop 9:30 a.m. till Noon.

Where: St Francis of Assisi Church Hall (lower level), 15050 So. Wolf Road, Orland Park, Illinois --enter through main door of church, turn right, elevator or Stairs are on the right.

Cost: Free will offering, water will be available for sale.

This workshop is for anyone who has meditated for 20+ years, several months or can't sit quietly for more than a minute. We come together to come closer to our Higher Power.

**Prayer is talking to God;
Meditation is listening**

♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 2/2018**
(Closed—Means Only Open to People with Food Obsessions—No Visitors)

When	City	Where	Type of Meeting	Contact	Group #
Sunday 5:00 PM - 6:00 PM	Batavia	Fox Valley Unity Church— 230 Webster Street at Van Buren St	Literature Meeting (Closed)	Marla (630) 202-4545	(013-30514)
Sunday 7:00 PM - 8:00 PM	LaGrange	First Congregational Church— 100 South 6th Avenue at Cossitt	Big Book Study (Closed)	Sheila S. (630) 747-1001	(013-50044)
Sunday 7:00PM—8:00 PM	Oak Park ♥	Good Shepherd Lutheran Church 611 Randolph Street (New Listing)	OA 12&12 (Closed) Meditation Meeting	Sara S. (708) 204-8893	(013-40019)
Monday 10:00 AM - 11:30 AM	DeKalb	Senior Center 409 S Grove	Format Varies (Closed)	Joan (815) 899-8960	(013-45133)
Monday 7:30 PM - 8:30 PM	Naperville	The Community Church (Yellow Box) 1635 Emerson Lane	Format Varies (Closed) <i>Open Mtg on the 3rd Mon.</i>	Julie O. (630) 234-1655	(013-04500)
Tuesday Noon - 1:00 PM	Naperville	Compass Church, 1551 Hobson Road at College/Wehrli Room S101	Varies (Closed) — <i>Open Mtg on the 5th Tues.</i>	Marilyn (630) 416-3723	(013-39620)
Tuesday 5:30 PM - 6:30 PM	Darien	Lord of Life Lutheran Church 725 75 th St.	Step Study (Closed)	Sindee (630) 968-6328	(013-35752)
Tuesday 7:00 PM - 8:00 PM	Riverside ♥	Sts Peter & Paul Lutheran Evangelical Church 250 Woodside Rd. (Enter off 31st—Upstairs)	Format Varies (Closed)	Katie H. (630) 864-7419	(013-52223)
Tuesday 7:00 PM - 8:00 PM	St. Charles	Hosanna Lutheran Church Red Gate Rd & Randall Rd	Format Varies (Closed)	Debbie (847) 695-2181	(013-21464)
Wednesday 9:30 AM - 11:00 AM	Aurora	Our Lady of Good Counsel St. Francis Center, 620 S. Fifth Street	Format Varies (Closed)	Diane K. (630) 816.2288	(013-08909)
Wednesday 7:00 PM—8:00 PM	Bolingbrook NEW	Adventist Bolingbrook Hospital 500 Remington Blvd.	Big Book Study		
Thursday Noon - 1:00 PM	Downers Grove	St. Luke's Presbyterian Church 3910 Highland Avenue at 39th Street	OA 12 & 12 (Closed)		(013-47257)
Thursday 7:00 PM - 8:00 PM	Aurora	Mercy Center Hospital, McDermott Room 1325 N Highland, Aurora	Format Varies (Closed)	Jim M. (708) 309-4661	(013-35368)
Thursday 7:00 PM - 8:00 PM	Palos Heights	St. Alexander's Church (Moved from Darien) 7025 W. 126th Street, Mobile Unit #1	Back to Basics (Open to All)	Belle S. 630-747-7669	(013-51048)
Friday 7:00AM - 8:00AM	Oak Park ♥	Good Shepherd Lutheran Church—Back Door 611 Randolph (3 blocks E of Oak Park Ave)	Format Varies (Closed)	Mary Lou (708) 343-8360	(013-46432)
Friday 9:00 AM - 10:30 AM	LaGrange	First Congregational Church 100 South 6th Avenue at Cossitt	Format Varies (Closed)	Jane K. at (708) 579-1785	(013-20655)
Friday 5:30 PM-6:30 PM	Darien ♥	Lord of Life Lutheran Church 725 75 th St.	Big Book (Closed) Speaker 4th Fri of the Month	Sindee (630) 968-6328	(013-00937)
Friday 6:30 PM—7:30 PM	Naperville	Unity In Naperville - Note New Time 1600 Shore Rd Unit C	Big Book & Step 11 Prayer and Meditation Focus (Closed)	Sharon (630)404-5882	(013 -54526)

♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 2/2018**
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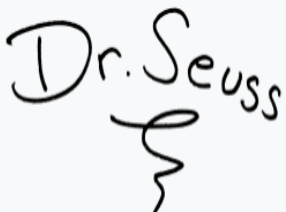
When	City	Where	Type of Meeting	Contact	Group #
Saturday 8:00 AM - 9:00 AM	Burr Ridge	Burr Ridge United Church of Christ NW Corner of County Line & Plainfield Roads	Format varies (Closed)	Chris K. (708) 579-0656	(013-38938)
Saturday 8:30 AM - 9:30 AM	Roselle	Trinity Lutheran Church 405 W Rush Street, Conference Room 119	Big Book, Steps (Open)	Liz B. (636) 346-3829	(013-36157)
Saturday 9:00 AM - 10:00 AM	Winfield	St. John the Baptist Church 0S233 Church Street Building in Back of Church	Format Varies (Closed) Open Mtg. 5th Sat.	Dan V. (630) 244-2415	(013-39585)
Saturday 9:00 AM - 10:00 AM	River Forest	Grace Lutheran Church 7401 West Division (Learning Center)	OA 12 & 12 (Closed)	Kathleen (708) 408-5702	(013-35325)
Saturday 10:00 AM - 11:00 AM	Darien	Lord of Life Lutheran Church 725 75th Street	Format Varies (Closed) — <i>Open Mtg 5th Sat.</i>	Amber M (312)-929-6408	(013-24782)
Saturday 10:15 AM - 11:30 AM	Elmhurst	Epiphany Evangelical Lutheran Church 314 W Vallette St (Spring & Vallette) 1st Room from Parking lot	Format Varies (Closed) — <i>Open Mtg on the 5th Sat.</i>	Laura W (708) 284-6247	(013-32222)
Saturday 11:00 AM-12:00 PM NEW MEETING	Dekalb	Alamo Club 312 E. Taylor St	Literature Study (Closed)	Euneta W 815-508-1231	(013-54618)



7th Tradition Support OA the 60/30/10 Way!

Percent	Service Body	Address	CHI-WIF INTERGROUP NUMBER IS 013-09168
60%	Intergroup*	CHI-WIF Treasurer PO Box 4419 Lisle, IL 60532	CHI-WIF CONTRIBUTION FORM Click Here *We no longer mail receipts Send a self addressed stamped envelope or email address.)
30%	World Service*	World Service Office PO Box 44020 Rio Rancho, NM 87174-4020	WORLD SERVICE CONTRIBUTION FORM Click Here for mail in form Click Here for on-line contribution
10%	Region*	Region 5 Treasurer PO Box 1087 Lombard, IL 60148-2375	REGION 5 CONTRIBUTION FORM Click Here (New 2018 form — no longer mail receipts.. Send a self addressed stamped envelope or email address.)

*Include full meeting information with your payment

Signature


March 2, 2018
Dr. Seuss Day



March 19, 1918
Congress Passes Daylight Savings Time



March 30, 2018
Take a Walk in the Park Day