

# The Butterfly

The December, 2018 Newsletter of Overeaters Anonymous for Chicago Western Intergroup Far-Out CHI-WIF. <http://www.chiwifo.org> This literature has been locally produced by CHI-WIF IG. The content reflects the experience, strength and hope of our local members. It is not OA Conference- or board-approved and does not represent OA as a whole.

## The Glue that Holds Us Together: Concepts

The Concepts of OA Service define and guide the practices of the service structures that conduct the business of OA. They direct ALL OA's trusted servants to well-considered actions for group participation, as well as decision making, voting and the expression of minority opinions. The Concepts are rooted in our experience that we are best served when we trust in a power greater than ourselves, and do not try to "run the show" ourselves.

Concept 1 – Unity: The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship. We have learned that the "group conscience is not the same as majority rule. This conscience is an expression of the group unity spoken of in the First Tradition, a common bond that grows among us as we each let of self-will. Following a group conscience decision, individual members are expected to comply with the collective conscience of the group, acknowledging that God is the ultimate authority as expressed through the group conscience.

Concept 2 – Conscience: The OA groups have delegated to World Service Business Conference the active maintenance of our world services; thus, World Service Business Conference is the voice, authority and effective conscience of OA as a whole. OA holds an annual business meeting – the World Service Business Conference (WSBC). It is here that delegates, sent from each group, set policy and guide world services. The votes cast by these delegates form the group conscience of OA as a whole.

[Continued](#)

## ASK MS BUTTERFLYER



**Question:** Help, I'm in relapse, what can I do?

**Answer:** Don't stop going to meetings! Keep coming back. You are not alone. Tell people you are in relapse and need help.

Get a sponsor. I know, when I was in relapse, I didn't want to "waste" a sponsor's time.

Speaking, of course, for myself and hopefully other sponsors: Call me. You are not wasting my time. Every call, text, or meeting I have with an OA members helps me too. Consider it your form of doing service.

If you fear being rejected by a sponsor, just ask if you can call them. Don't use the "S"(ponsor) word. Call even if your bingeing.

Read program literature. Listen to Podcasts and CD's.

Allow yourself to feel and put your feelings down on paper. Talk about it with an OA member.

Accept yourself as you are right now. Pray for willingness to work the program. Trust that the program works.

## UPCOMING TOPICS

December—The Glue that Holds Us Together: Concepts

TO BE DETERMINED

### Editorial Statement

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### CHI-WIF Officers

Chair - Sandy F.  
[SandyFRegion5@gmail.com](mailto:SandyFRegion5@gmail.com)  
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Treasurer - Laura W 708-284-6247  
Editor - Gerri M 630-833-6942

**Does your meeting have an IG rep?  
Come and join us!**

**Upcoming IG Meeting**  
December 15, 2018  
10-11:30AM

## HOPE By NJ

Overeaters Anonymous will be celebrating a 59th anniversary soon. For 37 of those years, I have been coming to meetings and learning more about myself and the addictive relationship with food and weight. The number on the bathroom scale had ruled my life. I was eating when I did not want to eat and then starving. I didn't know I had a living problem and was retreating to the fridge or pantry for solace. The once long periods of remission dwindled and mind chatter absorbed every waking moment. The struggle for survival intensified and any shred of self-esteem dissolved. Then a contact number for OA appeared in our local newspaper.

The effect of my first meeting was illuminating. I was not alone. God was interested in my food and weight. I had a disease, and it wasn't my fault. There was a way out of my dread and darkness; the Alcoholic Anonymous Twelve Steps and Twelve Traditions and Big Book were on the table along with a phone list.

I no longer had to chew my way through life or step on that bathroom scale every morning. I do not recall when the incessant mind chatter ceased, but I know praying for others and giving God my "thank you" list brought a halt when the disease voice was active. Now science has identified specific chemical responses in the brain that identify a compulsive eater. The American Society of Addiction Medicine recognizes addiction as a primary, chronic, and progressive disease of brain reward, motivation, memory and related circuitry. ([www.asam.org](http://www.asam.org))

However different we may be, we are no less lovable and valuable in the eyes of God. We are chosen and have purpose, to serve as a beacon of light for the suffering compulsive eater. I am here to return the favor offered to me over three decades ago – HOPE.

### HANDY LINKS - CHI WIF WEBSITE



Currently we have no one to be the newsletter editor. In order to find information about upcoming events and announcements, please be sure to visit our website.

<http://www.chiwifoa.org/>

Also, if you have announcements or flyers to be posted there, continue to send them to  
[msbutterflyer@yahoo.com](mailto:msbutterflyer@yahoo.com)

For information and events in our region, you should visit the redesigned Region 5 website at

[www.region5oa.org](http://www.region5oa.org)

### Twelfth-Step-Within— Voices of Recovery, April 20th, pg. 111.



*"The compulsive overeater who still suffers' isn't always a newcomer to OA. He or she can also be an established member experiencing difficulties with the disease of compulsive eating or with other problems."* – The Twelve Steps and Twelve Traditions of Overeaters Anonymous, p. 148, 1st ed.

I was a compulsive overeater still suffering within OA. I struggled for ten years, trying to find the perfect abstinence and the perfect plan of eating. The doors of OA remained open to me, abstinent or not, and for that I am profoundly grateful. The Twelve-Step-Within Committee formed at the World Service Business Conference says that we all have a place in OA and that our group's primary purpose is to carry the message. We carry the message not just to those who have not yet found OA, but to those of us in OA who are still suffering. Finally, the message reached me (or I reached for it), and I have abstained ever since.

This reading speaks to each of us! If you're experiencing recovery you have a gift to share with those around you that are suffering. For those that aren't experiencing recovery reach out to someone who is and ask them what they do to support their recovery.

Our OA Promise is a wonderful reminder of the need we have to walk this path hand in hand with others that understand our struggles and the need we each have for a power and strength greater than ourselves to guide us along the way.

In Loving Support- The Twelfth Step Within Committee

### IMPORTANT CONTACT INFO: OA World Service Office (505) 891-2664

Region 5 Website [www.region5oa.org](http://www.region5oa.org)  
OA Website [www.oa.org](http://www.oa.org)  
Chi-Wif Website [www.chiwifoa.org](http://www.chiwifoa.org)

#### Addresses

CHI-WIF—PO Box 4419, Lisle, IL 60532  
REGION 5—PO Box 1087 Lombard, IL 60148-2375



If you are interested in using the tools of writing and service by contributing an article on the monthly topic, an anecdote, a poem or just simply how program has helped & is helping to improve your quality of life, please email me at: [MSBUTTERFLYER@YAHOO.COM](mailto:MSBUTTERFLYER@YAHOO.COM)  
or send by regular mail to: CHI-WIF IG PO Box 4419  
Articles should be received by the third week of the month.  
Gerri M, Editor

The *Butterflyer* is only available via email. If you are interested in receiving this free monthly newsletter electronically or if you did not receive your electronic subscription please send an email with the word "SUBSCRIBE" in the subject box to:  
[MSBUTTERFLYER@YAHOO.COM](mailto:MSBUTTERFLYER@YAHOO.COM)



## Concepts—Continued

Concept 3 – Trust: The right of decision, based on trust, makes effective leadership possible. We learned to trust ourselves and to trust others as a result of our recovery from compulsive overeating. Here we give OA groups the right to bestow upon a trusted individual the authority to make decisions on behalf of the group when needed. The trust that permits delegates the freedom to exercise their own judgment is at the heart of Concept Three.

Concept 4 – Equality: The right of participation endures equality of opportunity for all in the decision-making process. Every OA member has a voice on all issues. This may be directly, or indirectly, depending on the by-laws or ground rules that define who may vote. This direct and delegated participation ensures the democratic foundation of OA.

Concept 5 – Consideration: Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered. In an OA meeting, any member may ask for an opportunity to present an issue for reconsideration. Members have the right to express their opinions personally or through their delegates – trusted servants – on any OA-related issue and at any level in OA. Full discussion leads to the best decisions. This Concept, which calls for consideration of others and courteous regard for a wide range of viewpoints, builds strength, unity and cooperation.

Concept 6 – Responsibility: The WSBC has entrusted the Board of Trustees with the primary responsibility for the administration of Overeaters Anonymous. The needs of the group as a whole may sometimes be best served by a smaller group with a well-defined purpose. To safeguard the Fellowship as a whole, a group of members – the Board of Trustees – is given the responsibility to oversee the administration of our corporate entity, thus ensuring that business flows smoothly and that issues are addressed in a timely manner. Delegates elect Trustees who are fellow members who meet specified criteria. These Trustees answer directly to the delegates and are responsible for carrying out the directives they receive from that service body.

Concept 7 – Balance: The Board of Trustees has legal rights and responsibilities accorded to them by OA By-laws, Subpart A; the rights and responsibilities of the WSBC are accorded to it by OA Bylaws, Subpart B. The Bylaws of OA, Inc. are its self-adopted rules for the regulation of its business affairs. The Bylaws are separated into 2 groups: Subpart A governs the organization of the World Service Office and describes the responsibilities of the 16 members of the Board of Trustees as directors of a non-profit corporation, and Subpart B, which is approved by the WSBC, and defines OA membership, the basic structure of OA service bodies and specific procedures relating to the functioning of the Fellowship.

[Continued](#)

## HELP WANTED

This is the last issue of MSButterflyer. We have over 300 subscribers that depend on this newsletter. Depending on how you do it, it could take anywhere from 1 to 4 hours of your time each month. Any volunteers? I would be delighted to help you to get started.

**If you have flyers for events, I can still post them on our [www.chiwif.org](http://www.chiwif.org) website.**



## CONCEPTS—CONTINUED

Concept 8- Delegation: The Board of Trustees has delegated to its Executive Committee the responsibility to administer the World Service Office. The authority to oversee administrative issues, such as finances, pricing goods and managing human resources, is delegated to the Executive Committee, a subgroup of the Board of Trustees. The Executive Committee reports back to the entire Board of Trustees.

Concept 9 – Ability: Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels. Although some service positions may require certain skills and abilities, willingness is the first step in OA service. If, however, the job requires specific skills in addition to willingness, these requirements need to be clearly stated prior to the selection of trusted servants. Intergroup bylaws and policies help groups define the abilities, past service and abstinence requirements an individual should have to be considered for a particular position.

Concept 10 – Clarity: Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided. Each trusted servant needs a carefully defined, written job description to understand explicitly what is expected of them. This avoids internal controversy in the same way that the Tenth Tradition protects us from outside controversy. Service is essential to recovery. There are many opportunities for service allowing members to perform a variety of job responsibilities over time.

Concept 11 – Humility: Trustee administration of the World Service Office should always be assisted by the best standing committees, executive staffs and consultants. OA deserves the most effective and efficient service workers. Our service work may require assistance from people outside OA who have professional skills and talents not available within our groups.

Concept 12 – Guidelines: The spiritual foundation for OA service ensures that:

- (a) no OA committee or service body shall ever become the seat of perilous wealth or power;
- (b) sufficient operating funds, plus an ample reserve, shall be OA's prudent financial principle;
- (c) no OA member shall ever be placed in a position of unqualified authority;
- (d) all important decisions shall be reached by discussion, vote and, whenever possible, by substantial unanimity;
- (e) no service action shall ever be personally punitive or an incitement to public controversy; and
- (f) no OA service committee or service board shall ever perform any acts of government, and each shall always remain democratic in thought and action.

OA is a spiritual Fellowship based on the belief that a power greater than ourselves can restore us to sanity, not only regarding food issues, but in all areas of our lives. This spiritual foundation, which included the Twelve Steps, the Twelve Traditions and the Twelve Concepts, extends to many facets of our personal lives and all facets of our service experience.

# OA COMPUTER LINKS



VISIT THE CHIWIF WEBSITE <http://www.chiwifo.org/>

[Click Here](#)



Chicago Western Intergroup Far-Out  
CHI-WIF

PROFESSIONAL COMMUNITY COURIER

[Click Here](#)

<https://oa.org/files/pdf/Courier.pdf>

PROFESSIONAL COMMUNITY  
**COURIER**

REGION 5 WEBSITE <http://region5oa.org>

[Click Here](#)



**REGION 5 OF OVEREATERS ANONYMOUS**

FREEDOM FROM BONDAGE—Region 5 (Published throughout the Year)

[Click Here](#)

**FREEDOM FROM BONDAGE**

OVEREATERS ANONYMOUS REGION 5



<https://www.region5oa.org/wp-content/uploads/2018/11/FreedomFromBondageNov2018Color.pdf>

A STEP AHEAD NEWSLETTER—4th Quarter 2018 <https://oa.org/files/pdf/asa-q4-2018.pdf>

**A Step Ahead**

[Click Here](#)

BUTTERFLYER—Past Issues <http://www.chiwifo.org/butterflyer-newsletter/>

[Click Here](#)

The  Butterflyer

VISIT THE OA WEBSITE <https://oa.org/>

[Click Here](#)



OA Virtual News— 4th Quarter Newsletter

[Click Here](#)



**OVEREATERS ANONYMOUS**  
Virtual Services Committee

**OA VIRTUAL NEWS**

<http://www.oavirtualservices.org/wp-content/uploads/2018/09/2018-VS-News-4th-Quarter-Vol.-8-web.pdf>

MEETINGS—Location, Days, & Times (To find all meetings in our Intergroup, use 09168 for the Intergroup number for CHIWIF) <https://oa.org/find-a-meeting/>

[Click Here](#)



# UPCOMING EVENTS

Wednesday, December 12	<b>12 STEP WITHIN CALL-A THON</b> Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible. Make at least one outreach call on the 12th of the month. <a href="#">Click Here</a>
Saturday, December 15 10:00 am —11:30 am	<b>CHIWIF INTERGROUP MEETING</b> Advocate Good Samaritan Hospital Downers Grove, IL Cafeteria Oak Rooms
Tuesday, December 25 9:00 am—2:00 pm	<b>CHRISTMAS MARATHON</b> Sponsored by Turning Point Intergroup Meetings start at the top of each hour Community First Medical Center, 5645 W Addison Street, Chicago Addison and Central—Free Parking
Tuesday, January 1, 2019 9:00 am—2:00 pm	<b>NEW YEAR'S DAY MARATHON</b> Sponsored by Turning Point Intergroup Meetings start at the top of each hour Community First Medical Center, 5645 W Addison Street, Chicago Addison and Central—Free Parking
Friday, February 1, 2019 — Sunday February 3, 2019	<b>BUILDING RECOVERY WITH THE 12 STEPS</b> Sponsored by Turning Point Intergroup St. Mary of the Lake Retreat Center 1000 East Maple Ave, Mundelein, IL 60060 Contact Karen G. (312) 804-2065 or Jen (773) 386-4300 <a href="#">Click Here</a>
Saturday, February 9, 2019 1:00 pm—4:00 pm	<b>LOVING YOURSELF THROUGH THE 12 STEP PROGRAM</b> Sponsored by CHIWIF Presented by Tuesday Night St. Charles Meeting Mercy Center, Lower Level, McCauley Room Route 31, Aurora Contact Rose K. (630) 888-5564 Flyer will be posted at <a href="http://www.chiwifoa.org">www.chiwifoa.org</a>
March 1—3, 2019	<b>OA Spring 2019 Retreat</b> Rocketing into the Fourth Dimension and Awakening to the Promises 9263 W. Saint Francis Road, Frankfort, IL 60423 <a href="#">Click Here</a>
July 20, 2019 9am—4pm	<b>FIRST EVER—ALL ILLINOIS DAY</b> Coordinated by Regions 4 and 5 Decatur Illinois area—More information to come. Come and feel the power of OA statewide <a href="#">SAVE THE DATE</a>
August 9-11, 2019	<b>BIG BOOK RETREAT</b> Coordinated by the Chicagoland Area Intergroups Techny Towers, 2001 Waukegan Rd, Techny, IL SAVE THE DATE

WANT TO SEE YOUR GROUP'S EVENT LISTED ON OUR WEBSITE? SEND YOUR FLYER OR INFORMATION TO [MSBUTTERFLYER@YAHOO.COM](mailto:MSBUTTERFLYER@YAHOO.COM)

# Strengthen Your RECOVERY

## Strengthen Your MEETING



Join the  
12th-Step-Within  
***Call-A-Thon!***

**WHO:** All recovering members of OA

**WHAT:** A day dedicated to carrying the message of recovery through the Twelve Steps to other OA members who still suffer

**WHEN:** The 12th of each month

**WHY:** Working with others one-on-one is at the core of the program. In order to keep our recovery, we have to give it away.

**HOW:** On the 12th of this month, pledge to make outreach calls to people who have found OA but still suffer from the symptoms of compulsive eating, including those in relapse and those who have disappeared from meetings.

# Under Construction:

## Building recovery with the 12-Steps

A weekend workshop hosted by Turning Point Intergroup  
for members of Overeaters Anonymous



### — Workshop includes —

- Program sessions Friday 6 pm, Saturday & Sunday beginning 9 am. Concludes noon Sunday.
  - 2 nights lodging (see registration detail below)
  - 4 meals (Saturday breakfast 7:30–8:15, lunch, and dinner; Sunday breakfast 7:30–8:15)
- Refrigerator accommodations available —

Dates: February 1 – 3, 2019

Location: St. Mary of the Lake Retreat Center  
1000 East Maple Ave  
Mundelein, IL 60060

Steps 1-3:  
Laying the Foundation

Steps 4-6:  
Tools and Construction

Steps 7-9:  
Building Rooms with others

Steps 10-12:  
Connecting and Maintaining

Check-in begins at 4 pm

For more information, phone:

Karen G.  
at (312) 804-2065

— or —

Jen  
at (773) 386-4300

### Registration Form

Weekend Single Room with meals (\$170) \_\_\_\_\_

Weekend Double Room with meals (\$140 per person) \_\_\_\_\_

Friday evening (\$30) \_\_\_\_\_

Saturday all day (\$40) \_\_\_\_\_

Sunday morning (\$30) \_\_\_\_\_

Total remitted: \_\_\_\_\_

Send this completed  
registration form and  
check by January 13, 2019

to: Cheryl Miller  
6910 N. Oakley  
Chicago, IL 60645

Make checks payable to:  
TurningPoint Intergroup

Your name: \_\_\_\_\_

Your E-mail: \_\_\_\_\_

Your phone: \_\_\_\_\_

Name of roommate: \_\_\_\_\_

Need a roommate? \_\_\_\_\_

Limited scholarships  
available. Call  
for information.



# OA Spring 2019 Retreat MARCH 1ST - 3RD

## Rocketing into the Fourth Dimension and Awakening to the Promises



Sponsored by Saturday Morning Burr Ridge Meeting of Overeaters Anonymous

Location: Portiuncula Center for Prayer (The Port)

9263 W. Saint Francis Road, Frankfort, IL 60423



Come join in this spiritual weekend retreat filled with fellowship including five speakers sharing their journey through the 12 Steps and the Promises of Recovery.

Early Bird  
Room Rate  
Before Feb. 5th  
Double: \$ 159

Single: \$ 183

Commuter: \$113 full

Fri \$23 Sat \$58 Sun \$32  
RoomRate

After Feb. 20th

Double: \$ 164

Single: \$ 188

Commuter: same

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_\_ Check here if you wish to have your name, phone and email address included on the contact list.

**\*\*SEND CHECK AND THIS REGISTRATION FORM TO OUR TREASURER\*\***

Loretta M

9 Elizabeth Lane

Downers Grove, IL 60516

Questions? Call: Laura 708-567-9642 or Email: Loretta 4lormac@gmail.com



**\*\*MEALS PROVIDED\*\***

Breakfast, lunch, dinner on Saturday and breakfast on Sunday.

Refrigerator and microwave available for use.



# **SAVE THE DATE**

# **ALL ILLINOIS DAY**

Regions 4 and 5

are coming together to offer

**The First Annual All Illinois Day**

**WHEN: JULY 20, 2019**

**WHERE: DECATUR, IL**

**TIME: 9AM–4PM**

Interested in Helping?

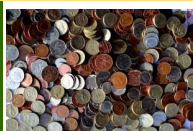
Contact Gerri M at [oagerrim@yahoo.com](mailto:oagerrim@yahoo.com)

♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 12/2018**  
**(Closed—Means Only Open to People with Food Obsessions—No Visitors)**

When	City	Where	Type of Meeting	Contact	Group #
<b>Sunday</b> 5:00 PM - 6:00 PM	Batavia	Fox Valley Unity Church— 230 Webster Street at Van Buren St	Literature Meeting (Closed)	Marla (630) 202-4545	(013-30514)
<b>Sunday</b> 7:00 PM - 8:00 PM	LaGrange	First Congregational Church— 100 South 6th Avenue at Cossitt	Big Book Study (Closed)	Sheila S. (630) 747-1001	(013-50044)
<b>Sunday</b> 7:00PM—8:00 PM	Oak Park ♥	<b>Pilgrim Congregational Church UCC</b> <b>460 Lake Street (New Location)</b>	OA 12&12 (Closed) 4h week—Meditation Mtg	Sara S. (708) 204-8893	(013-40019)
<b>Monday</b> 10:00 AM - 11:30 AM	DeKalb	Senior Center 409 S Grove	Format Varies (Closed)	Joan (815) 899-8960	(013-45133)
<b>Monday</b> 7:30 PM - 8:30 PM	Naperville	Yellow Box Church 1635 Emerson Ln <b>Moved Back to Yellow Box Church 6/1/18</b>	Format Varies (Closed) <i>Open Mtg on the 3rd Mon.</i>	David S. (630) 492-7708	(013-04500)
<b>Tuesday</b> Noon - 1:00 PM	Naperville	Compass Church, 1551 Hobson Road at College/Wehrli Room S101	Varies (Closed) — <i>Open Mtg on the 5th Tues.</i>	Marilyn (630) 416-3723	(013-39620)
<b>Tuesday</b> 5:30 PM - 6:30 PM	Darien	Lord of Life Lutheran Church 725 75 <sup>th</sup> St.	Step Study (Closed)	Sindee (630) 968-6328	(013-35752)
<b>Tuesday</b> 7:00 PM - 8:00 PM	Riverside ♥	Sts Peter & Paul Lutheran Evangelical Church 250 Woodside Rd. (Enter off 31st—Upstairs)	Format Varies (Closed)	Lori D. (708) 431-5491	(013-52223)
<b>Tuesday</b> 7:00 PM - 8:00 PM	St. Charles	Hosanna Lutheran Church Red Gate Rd & Randall Rd	Format Varies (Closed)	Debbie (847) 695-2181	(013-21464)
<b>Wednesday</b> 9:30 AM - 11:00 AM	Aurora	Our Lady of Good Counsel St. Francis Center, 620 S. Fifth Street	Format Varies (Closed)	Diane K. (630) 816-2288	(013-08909)
<b>Wednesday</b> 7:00 PM—8:00 PM	Bolingbrook NEW	Adventist Bolingbrook Hospital 500 Remington Blvd.	Big Book Study	Linda (630) 248-1146	(013-56235)
<b>Thursday</b> Noon - 1:00 PM	Downers Grove	St. Luke's Presbyterian Church 3910 Highland Avenue at 39th Street	OA 12 & 12 (Closed)	Toni (630) 769-1314	(013-47257)
<b>Thursday</b> 7:00 PM - 8:00 PM	Aurora	Mercy Center Hospital, McDermott Room 1325 N Highland, Aurora	Format Varies (Closed)	Jim M. (708) 309-4661	(013-35368)
<b>Thursday</b> 7:00 PM - 8:00 PM	Palos Heights	St. Alexander's Church (Moved from Darien) 7025 W. 126th Street, Mobile Unit #1	Back to Basics (Open to All)	Belle S. (630)747-7669	(013-51048)
<b>Friday</b> 9:00 AM - 10:30 AM	LaGrange	First Congregational Church 100 South 6th Avenue at Cossitt	Format Varies (Closed)	Jane K. (708) 579-1785	(013-20655)
<b>Friday</b> 5:30 PM-6:30 PM	Darien ♥	Lord of Life Lutheran Church 725 75 <sup>th</sup> St	Big Book (Closed) Speaker 4th Fri of the Month	Sindee (630) 968-6328	(013-00937)

♥ = needs support **Chi-WIF Meeting List (013-09168) Last Updated 12/2018**  
**(Closed—Means Only Open to People with Food Obsessions—No Visitors)**

When	City	Where	Type of Meeting	Contact	Group #
Saturday 8:00 AM - 9:00 AM	Burr Ridge	Burr Ridge United Church of Christ NW Corner of County Line & Plainfield Roads	Format varies (Closed)	Chris K. (708) 579-0656	(013-38938)
Saturday 8:30 AM - 9:30 AM	Roselle	Trinity Lutheran Church 405 W Rush Street, Conference Room 119	Big Book, Steps (Open)	Liz B. (636) 346-3829	(013-36157)
Saturday 9:00 AM - 10:00 AM	Winfield	St. John the Baptist Church 08233 Church Street Building in Back of Church	Format Varies (Closed) Open Mtg. 5th Sat.	Dan V. (630) 244-2415	(013-39585)
Saturday 9:00 AM - 10:00 AM	River Forest	Grace Lutheran Church 7401 West Division (Learning Center)	OA 12 & 12 (Closed)	Twanna (773) 540-5797	(013-35325)
<del>Saturday 10:00 AM - 11:00 AM</del>	<del>Darien</del>	<del>Lord of Life Lutheran Church 725 75th Street</del> <b>CLOSED?</b>	<del>Format Varies (Closed) — Open Mtg. 5th Sat.</del>	<b>UNKNOWN</b>	<del>(013-24782)</del>
Saturday 10:15 AM - 11:30 AM	Elmhurst	Epiphany Evangelical Lutheran Church 314 W Vallette St (Spring & Vallette) 1st Room from Parking lot	Format Varies (Closed) — <i>Open Mtg on the 5th Sat.</i>	Laura W (708) 284-6247	(013-32222)
Saturday 11:00 AM - 12:00 PM	Dekalb	Alamo Club 312 E. Taylor St	Literature Study (Closed)	Alice S. (815) 762-5932	(013-54618)



## 7th Tradition Support OA the 60/30/10 Way!

Percent	Service Body	Address	CHI-WIF INTERGROUP NUMBER IS 013-09168
60%	Intergroup*	CHI-WIF Treasurer PO Box 4419 Lisle, IL 60532	CHI-WIF CONTRIBUTION FORM <a href="#">Click Here</a> *We no longer mail receipts
30%	World Service*	World Service Office <b>PO Box 44727 (new PO Box)</b> Rio Rancho, NM 87174-4727	WORLD SERVICE CONTRIBUTION FORM <a href="#">Click Here</a> for mail in form <a href="#">Click Here</a> for on-line contribution
10%	Region*	Region 5 Treasurer PO Box 1087 Lombard, IL 60148-2375	REGION 5 CONTRIBUTION FORM <a href="#">Click Here</a> (New 2018 form — no longer mail receipts.. Send a self addressed stamped envelope or email address.)

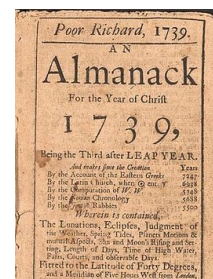
\*Include full meeting information with your payment



December 1, 1885  
Dr. Pepper Served for the First Time



December 9, 1965  
Charlie Brown Christmas  
Premiers on TV



December 19, 1732  
Poor Richard's Almanac